

# WELCOME TO THE UPPER VALLEY OF NEW HAMPSHIRE & VERMONT

## Community Guide & Business Directory





**BLACK HOUSE**  
**Real Estate**



Photo by Lauren Miller

Integrity  
Diligence  
Knowledge

27 Bank Street  
Lebanon, NH 03766

603-678-8056  
[www.blackhoukere.com](http://www.blackhoukere.com)



Black House Real Estate is an equal opportunity Company. We offer Equal Housing Opportunities.  
This is an Independent Women-Owned and Operated office.

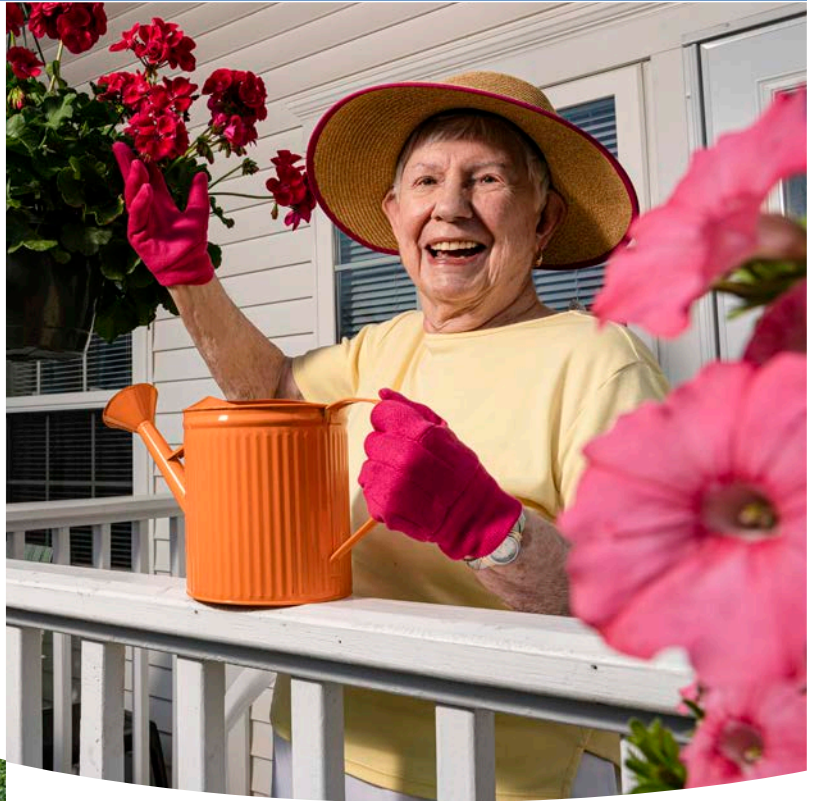


# Now More Than Ever

When selecting senior care, it is important to choose a community with a proven track record. Terrace Communities enjoys longstanding loyalty among its staff, who bring years of experience and an abiding respect for seniors.

The transition to assisted living at Terrace Communities is a meaningful experience for seniors and an engaging alternative to living on one's own. Residents enjoy private apartments in a beautiful setting with superb services and amenities that include healthy, tastefully prepared meals; entertainment; gardens; and dedicated resident assistants available 24/7.

Now, more than ever, Terrace Communities is the trusted choice for assisted living and memory care.



- Tastefully Prepared Meals
- Private Apartments
- Activities, Music, Arts, Entertainment, Fitness and Outings
- 24-Hour Assistance/Care
- Long or Short Stays
- Elegant Common Areas
- Medication Management
- Dementia, Alzheimer's & Memory Care
- Transportation
- Housekeeping
- Rehabilitation Therapy
- Superior care for aging in place gracefully

## TERRACE COMMUNITIES

PREMIER ASSISTED LIVING & MEMORY CARE

Please call Pudge at (802) 280-1910  
[TerraceCommunities.com](http://TerraceCommunities.com)

### Valley Terrace

2820 Christian St., White River Jct., VT 05001  
Physical Location: Wilder, VT, by Norwich  
(802) 280-1910 • [ValleyTerrace.net](http://ValleyTerrace.net)

### Wheelock Terrace

32 Buck Rd, Hanover, NH 03755  
(603) 643-7290 • [WheelockTerrace.com](http://WheelockTerrace.com)

### Woodstock Terrace

456 Woodstock Rd, Woodstock, VT 05091  
(802) 457-2228 • [WoodstockTerrace.com](http://WoodstockTerrace.com)



PET FRIENDLY

Uniform Consumer Disclosure Available Upon Request

# TABLE OF CONTENTS

|  |    |
|--|----|
| Welcome To The Upper Valley.....               | 3  |
| Community Investors & Sustaining Partners..... | 4  |
| Location & Transportation.....                 | 6  |
| Education.....                                 | 8  |
| Health Care.....                               | 10 |
| Shopping.....                                  | 12 |
| Dining.....                                    | 14 |
| Things To See & Do.....                        | 15 |
| The MedTech Collaborative.....                 | 19 |
| Upper Valley BIPOC Network.....                | 20 |
| Upper Valley Young Professionals.....          | 21 |
| Do Business Here.....                          | 22 |
| Members By Category.....                       | 23 |

**3 LEBANON STREET IN DOWNTOWN HANOVER**

# THE 4 FOURTH PLACE™

## FREE EVENTS EVERY DAY!

| WEDNESDAY                         | THURSDAY   | FRIDAY                                   | SATURDAY  | SUNDAY                                |
|-----------------------------------|--|--|---|---------------------------------------|
| <b>NEW<br/>COMIC<br/>BOOK DAY</b> | <b>MAGIC<br/>COMMANDER</b><br>4-10 pm<br><b>BOARD<br/>GAMES</b><br>5-10 pm | <b>FRIDAY NIGHT<br/>MAGIC</b><br>4-11 pm | <b>MONTHLY<br/>EVENTS*</b><br>+<br><b>FREE MULTI-<br/>PLAYER ON<br/>CONSOLES</b><br>6-11 pm | <b>FAMILY<br/>AFTERNOON</b><br>2-6 pm |

\* 1ST WEEKEND: ROLEPLAYING 2ND SAT.: CRAFTING & PAINTING  
3RD SAT.: BLOOD ON THE CLOCKTOWER 4TH SAT.: COOP GAMES





## WELCOME TO THE UPPER VALLEY

The Upper Valley is a special place to visit and call home. The area is steeped in history, with strong community ties, great schools from elementary to higher education, and deep connections to the natural beauty surrounding us.

If you are visiting or relocating here, you have chosen a wonderful place. There is much to see and do, from year-round outdoor adventures such as hiking, skiing, mountain biking and water sports to live theater, arts and cultural activities.

World-class health care, terrific dining and shopping, ongoing educational opportunities and activities for all ages make this region a thriving place to live, work and play.

The Upper Valley is a place of opportunity. Several high tech, medical technology and biotech companies are located in the region, and health care jobs are plentiful.

Looking to start a business? Entrepreneurs are welcomed and encouraged. Give us a call as your first step.

**Come to play or come to stay!**

*Tracy Hutchins*

Tracy Hutchins | Executive Director (603) 448-1203 [uppervalleybusinessalliance.com](http://uppervalleybusinessalliance.com)

 **Hilton**  
**Garden Inn**<sup>™</sup>

Hanover/Lebanon

35 Labombard Rd,  
Lebanon, NH 03766  
603.448.3300







## COMMUNITY INVESTORS & SUSTAINING PARTNERS

The Upper Valley Business Alliance Thanks Our  
Community Investors & Sustaining Partners For Their Support!

### COMMUNITY INVESTORS

Alice Peck Day Hospital ■ Dartmouth College ■ Dartmouth Health  
Hypertherm ■ Mascoma Bank

### SUSTAINING PARTNERS

Ameriprise Financial Services Inc. ■ Appcast ■ Bar Harbor Bank & Trust  
BCR Real Estate ■ Cape Air ■ City of Lebanon ■ Claremont Savings Bank  
Courtyard by Marriott ■ Dartmouth Health Visiting Nurse & Hospice of VT & NH  
Great Eastern Radio ■ The Hanover Inn ■ Key Chevrolet Of White River  
Lebanon Opera House ■ Ledyard National Bank ■ M&T Bank  
Residence Inn by Marriott ■ The Rowley Agency  
Schwegman Lundberg & Woessner, P.A ■ Service Credit Union  
Simbex ■ Six South Street Hotel ■ Town of Hanover  
Tyler Simms & St. Saveur ■ The Valley News ■ Woodstock Inn & Resort

# Claremont Savings Bank



Adam Pippin, Allison Childs,  
and Ryan Tremblay

## FULL SERVICE BRANCH

106 North Main St.  
West Lebanon

Personal Banking  
Mortgage Lending  
Commercial Lending  
Business Banking Services  
[claremontsavings.bank](http://claremontsavings.bank)



## Good health depends on good sleep.



Alice Peck Day Memorial Hospital is your partner in health and wellness.

Our accredited Sleep Health Center conducts sleep studies and provides treatment for sleep disorders for patients of all ages. Call today.



Alice Peck Day Memorial Hospital

[AlicePeckDay.org](http://AlicePeckDay.org)

(603) 308-0064

## OWN YOUR CAREER. OWN YOUR FUTURE. OWN YOUR COMPANY.

Hypertherm Associates is more than a place to work; it's a place to call your own.

Apply now at [HYPERTHERM.COM/OWNIT](http://HYPERTHERM.COM/OWNIT) and own your future!



# GEOKON

## AN EMPLOYEE OWNED COMPANY



GEOKON | +1.603.448.1562 | [info@geokon.com](mailto:info@geokon.com)

An Upper Valley employer and community supporter for over 43 years!

Learn more about us:  
[www.geokon.biz/UV](http://www.geokon.biz/UV)



SCAN CODE FOR MORE INFORMATION





## LOCATION & TRANSPORTATION

### THE UPPER VALLEY

The Upper Valley is a region of New Hampshire and Vermont that straddles the Connecticut River: from Windsor, VT, and Cornish, NH, in the south to Bradford, VT, and Piermont, NH, in the north. The name was coined in the 1950s by the Valley News newspaper to define its circulation area in both states and the name came to define the region. Here in the Upper Valley, the border between the states is more of a suggestion than a reality as residents consider this region one community.

The Upper Valley is anchored by the four largest and most central towns, Lebanon and Hanover, NH, and Hartford and Norwich, VT.

Located about 135 miles northwest of Boston, the intersection of Interstates 91 and 89 has made the area an important crossroads of northern New England. With the highways so close by, if you rise early you can explore the coast of Maine, catch a Red Sox game at Fenway Park or shop in Montreal and still be home in time for dinner.

### GETTING HERE

Lebanon Airport in Lebanon, NH, features short lines and daily round trips on Cape Air to Boston's Logan Airport and White Plains, NY, where connections can be made across the country or around the globe. Charter flights also operate out of this modern facility that features on-site car rentals and free Wi-Fi. An easy 80-minute drive brings you to the Manchester Airport, which has connections all over the U.S. and has become a popular alternative to Boston's Logan Airport. The drive to Vermont's Burlington Airport is also about 80 minutes.

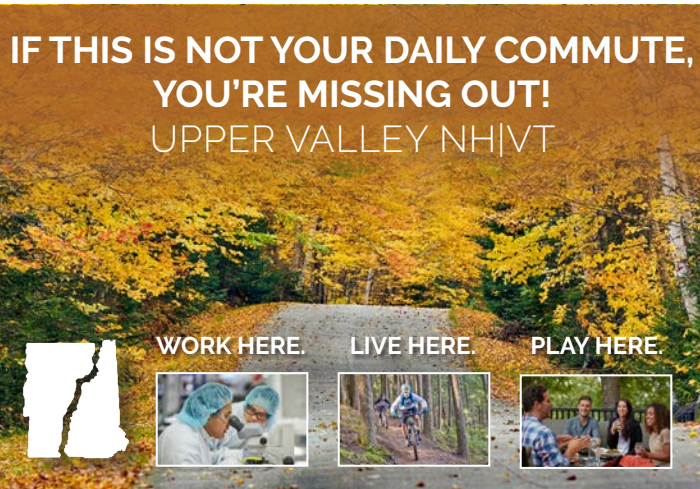
For those who prefer the romance of the rails, Amtrak's Vermonter offers daily service from nearby White River Junction, VT to St. Albans, VT, for northbound travelers, or New York City, Philadelphia and Washington, D.C., for those southbound. Prefer not to get behind the wheel? Several car services, shuttle services and two bus lines offer the chance to catch up on reading, take a nap or watch a movie on a trip to Boston or New York.





Dartmouth Coach offers several daily trips to Boston, Logan Airport and New York City in a coach bus with Wi-Fi and power outlets, plenty of legroom and storage. A Greyhound Bus terminal in White River Junction, Vermont, provides service to Boston, New York and Montreal.

Thanks to a unique partnership among Hanover, Lebanon, Dartmouth College and the Dartmouth Health Medical Center, Advance Transit offers free shuttle bus transportation from the shopping plazas of West Lebanon to Hanover and Dartmouth College, from Canaan, NH, to Hartford Village, VT, and between Hanover and Norwich.

**IF THIS IS NOT YOUR DAILY COMMUTE,  
YOU'RE MISSING OUT!**  
UPPER VALLEY NH|VT



**WORK HERE.** **LIVE HERE.** **PLAY HERE.**


**Lebanon Airport**  
You can get there from here.



Daily Airline Service to Boston and New York City

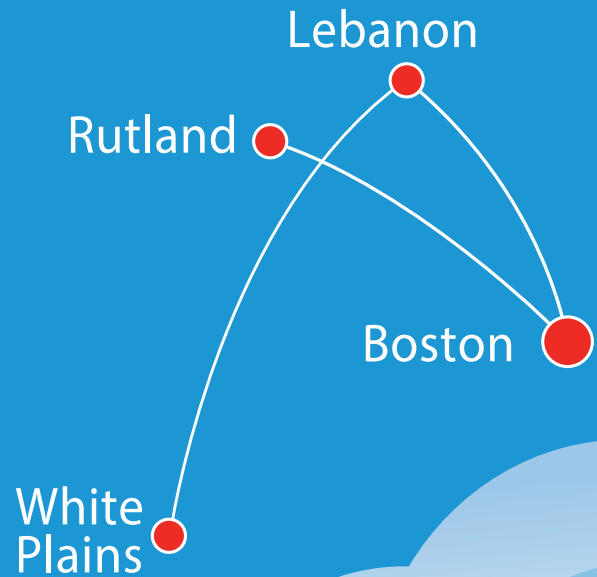
Visit: [www.flyleb.com](http://www.flyleb.com)  
Call: (603) 298-8878

World Class Private Aircraft and Passenger Services



# Start your vacation sooner.

With fast, daily flights between Lebanon and Boston and Rutland and Boston, Cape Air makes getting there easy and convenient.



[capeair.com](http://capeair.com) | 800-CAPE-AIR



## EDUCATION

When deciding where to settle with a family, the quality of the education systems can be a deciding factor. The Upper Valley is home to some of the best school districts in both New Hampshire and Vermont from early education to post-secondary.

In New Hampshire, the Hanover and Lebanon school districts are both recognized as being in the top 10 of all New Hampshire school districts, Hanover ranked No. 3 and Lebanon ranked No. 7 respectively. Mascoma Valley Regional High School is ranked within the top 50% in New Hampshire. The Lyme School is open to children in kindergarten through eighth grade. Innovation, creativity and community are the three pillars the school strives to communicate with its students.

In Vermont, Hartford High School is ranked in the top 50% of all Vermont high schools and the Marion Cross School in Norwich and Dothan Brook School in Hartford are both recognized as excellent elementary schools.

### PRIVATE OPTIONS

Private schools such as Crossroads Academy in Lyme or Montessori Discovery School in Lebanon

may be what you're looking for. Both schools cultivate learning by providing classes that expand students' intellectual horizons.

### POST-SECONDARY EDUCATION

Post-secondary education such as Granite State College, River Valley Community College and Dartmouth College are all exceptional choices, whether you are a high school graduate moving on to the next big thing or an adult who seeks to expand their knowledge.

Granite State College is built on the foundation to make education flexible and affordable for working adults. Students can take classes online or at one of its campuses in New Hampshire. Adults between the ages of 25 to 49 years make up the majority of its student population for both undergraduate and graduate learning.

Students who attend River Valley Community College have a 93% job placement rate and can choose from 33 degree and certificates offered. RVCC can provide training opportunities for students and the community alike, such as CPR, Microsoft Applications, leadership and workforce training.



If Ivy League is what your heart desires, then look no further than Dartmouth College, one of New England's oldest institutions. Dartmouth undergraduates can earn a Bachelor of Arts or Bachelor of Engineering degree with more than 60 majors to choose from. Graduate programs are offered by the Guarini School of Graduate and Advanced Studies along with professional programs at the Geisel School of Medicine, Thayer School of Engineering and the Tuck School of Business.

With more than 50 research centers and institutes, Dartmouth's faculty are distinguished by their expertise.

### CONTINUING EDUCATION AND LEARNING

Adults with a passion for learning can enroll in the Osher Lifelong Learning Institute, a nonprofit organization affiliated with Dartmouth College, designed to provide year-round education opportunities for residents in the greater Upper Valley and North Haverhill.



# Crossroads Academy

An Independent Coeducational K-8 School  
in Lyme, New Hampshire



**STRONG MINDS • KIND HEARTS**

Visit our website to learn more and schedule a campus visit!  
[www.crossroadsacademy.org](http://www.crossroadsacademy.org)

5 S. Main Street, 1st Floor  
White River Junction, VT 05001  
[uvjam.org](http://uvjam.org)

# J ▶ M Junction Arts & Media

**WELCOME!**  
**JAM builds community in the Upper Valley through the media arts.**  
**We offer fun and engaging film & media workshops, camps, exhibits & events for all ages.**  
**Visit us & learn more at [UVJAM.ORG](http://UVJAM.ORG)**





## HEALTH CARE

Dartmouth-Hitchcock Medical Center in Lebanon is New Hampshire's only Level 1 trauma center and multi-specialty group practice. The medical center is part of New Hampshire's only academic health system, Dartmouth Health, with nearly 1,200 primary and specialty care physicians located throughout New Hampshire and Vermont.

The medical center's academic partner is the Geisel School of Medicine at Dartmouth, one of the leading medical schools in the country. Dartmouth-Hitchcock has been ranked by U.S. News & World Report as the best hospital in New Hampshire for 9 years in a row. Also located on the DHMC campus is the Dartmouth Health Children's Hospital, New Hampshire's only comprehensive, full-service children's hospital and the Dartmouth Cancer Center, New Hampshire's only National Cancer Institute-designated comprehensive cancer center.

Alice Peck Day Memorial Hospital (APD) in Lebanon is a nonprofit, community-based health

care organization. APD cares for 20,000 patients annually and has a strong reputation for personalized attention. APD also specializes in short stay ambulatory surgery and other specialty services. APD includes APD Lifecare, a nonprofit senior living community that support more than 150 residents in assisted and independent living. APD is a member of Dartmouth Health System.

The Upper Valley area features a number of individual and group family practices, including the Good Neighbor Clinic in White River Junction, which assures quality medical care for those without the means to pay, and the Red Logan Dental Clinic that offers care to those unable to pay for dental work.

Seniors are well cared for in the Upper Valley with several high quality assisted living and nursing care facilities including Wheelock Terrace, Kendal at Hanover and the Village at White River Junction.

10



**Holistic health combined with traditional care.**

**Alice Peck Day is your partner in health and wellness.**

Integrative medicine modalities — like massage and acupuncture — can help people better manage symptoms, improve immune function, and speed recovery. **Call today.**

 Dartmouth Health

 Alice Peck Day Memorial Hospital

(603) 308-0030 • [AlicePeckDay.org](http://AlicePeckDay.org)



**Mascoma Dental Associates**

*General, Restorative & Cosmetic Dentistry for Adults & Children*

2 Campbell St., Lebanon, NH  [MascomaDental.com](http://MascomaDental.com) 





# Extraordinary care. Specializing in you.

At Dartmouth Health we know that doing what you love is what matters most. That's why we've combined the best research, with breakthrough innovation and the top medical minds in the world, all to provide the best care to the people of New Hampshire and Vermont. Providers, nurses and caregivers dedicated to helping you overcome challenges, to feel better and to get back to your loved ones. Right here, close to home.

**Learn more at [Dartmouth-Health.org](https://Dartmouth-Health.org)**

The best, where it matters most.



Dartmouth  
Health

Alice Peck Day Memorial Hospital | Cheshire Medical Center | Dartmouth Hitchcock Clinics | Dartmouth Hitchcock Medical Center  
Mt. Ascutney Hospital and Health Center | New London Hospital | Visiting Nurse and Hospice for Vermont and New Hampshire

In partnership with Dartmouth and the Geisel School of Medicine.



## SHOPPING

The Upper Valley is quintessential New England with charming downtowns and town squares. Stroll through our lovely downtowns and you will find locally-owned eclectic boutiques with unique gifts, clothing, specialty items and household name brands.

Looking for souvenirs? In Hanover, you will find a shop dedicated to all things Dartmouth College and you can find your "Big Green" to bring home. Hop over to Lebanon and visit AVA Gallery and view some original art. Cross the river to find Norwich

Square with shops offering everything from funky gifts to a good book. Nearby, you'll find The Baker's Store at King Arthur Baking Company a nationally recognized, always-inviting place to visit.

For life's practical needs, there are local and national banks, a choice of real estate and insurance agents, barbers and stylists and convenience stores where you can grab a loaf of bread or a sandwich. And to make it even more enticing, there is no sales tax in New Hampshire. (There is no sales tax on clothing sales in Vermont.)



[black-moon-games.com](http://black-moon-games.com)

## LEBANON'S FRIENDLY LOCAL GAME STORE

Board Games ☺ Dungeons & Dragons  
Puzzles ☺ Game Space ☺ And More!

267 Plainfield Rd., West Lebanon, NH 03784  
(603) 678-8643



**copeland**  
 FURNITURE  
 FACTORY OUTLET



SOLID WOOD FURNITURE

Designed and Crafted in the Upper Valley  
 Great Discounts on Factory Seconds

241 Waits River Road, Bradford, Vermont 05033  
 802.222.5300 | [store@copelandfurniture.com](mailto:store@copelandfurniture.com)  
 Mon - Fri 9:30 am to 5:30 pm Sat 10 am to 5 pm  
[copelandfurniture.com/factoryoutlet](http://copelandfurniture.com/factoryoutlet)

# The Norwich Bookstore

Serving the readers of the Upper Valley since 1994!  
 291 Main Street - Norwich, Vermont  
[norwichbookstore.com](http://norwichbookstore.com)



THE UPPER VALLEY'S RESOURCE  
 FOR ALL THINGS LOCAL!



Download The App By  
 Scanning The Code



# MOVING SOON?

We'll help you plan  
 your next steps.

**Daniels**  
 MOVING SPECIALISTS  
*When Your Move Counts, Count on Us!*

### Our services include:

- ✔ Packing and Unpacking Services
- ✔ Moving Household Goods
- ✔ Blanket-Wrapped Furniture Delivery
- ✔ Door-to-Door Service

### To help you get started...

We offer free estimates for all of your local, long-distance, and commercial moving needs. Additionally, we provide free delivery of any supplies you may need to complete your move. With our expert packing and crating, door-to-door service and full insurance coverage, we guarantee a successful moving experience-- stress-free.

603-448-1631 ■ Lebanon & Keene ■ [MoveDaniels.com](http://MoveDaniels.com)





## DINING

The Upper Valley is a dining destination with locally owned and operated restaurants that specialize in chef-inspired cuisine and true New England hospitality.

Whether you prefer Italian, Indian, Chinese, Japanese, Korean, American, Thai, pub fare, tapas or continental cuisine, you can find it here. Visit when the weather is warm and you will find that many of our restaurants have outdoor seating.

A cornerstone of Hanover is Lou's Restaurant, one of the downtown breakfast/lunch options, a tradition since 1947 and a favorite place for locals and visitors alike. For a touch of the North Country, several places offer bistro food and live music in a rustic setting. Just outside of town, Jesse's serves steaks and seafood in a log cabin reminiscent of an Alaskan adventure.

Or visit The Norwich Inn to experience their micro-brew pub featuring its own Jasper Murdoch beer and classic New England charm. In Lyme, you can find farm/sea-to-table fare at Ariana's

in the the Lyme Inn.

The Lebanon area has restaurants appealing to every taste and budget, in our downtown area or just a short drive away. Dining choices range from chain restaurants and fast food to small-town comfort food and fine dining. International selections include authentic Mexican, rustic Italian, Japanese, Korean and Southeast Asian. Salt Hill Pub and Three Tomatoes anchor downtown Lebanon's foodie scene, along with a Thursday night farmers market that features over 50 vendors and food trucks.

Locally grown food is abundant in the region. From milk and maple syrup to sheep and Robie Farm beef, there's no shortage of food locally grown and raised in the Upper Valley. New Hampshire and Vermont have many seasonal farm stands packed with locally grown produce, eggs, meats and prepared items for those who'd rather eat in than out.





**FRESH BAKED  
WITH ONLY THE  
FINEST INGREDIENTS!**

**Open Tuesday - Saturday 12-6 PM**  
**2 W. Park St. #104, Lebanon, NH 603.727.4324**

Follow Us To See What We Are Baking! [@katiescookies1](https://www.instagram.com/katiescookies1) [@KatiesCookiesNH](https://www.facebook.com/KatiesCookiesNH)





## THINGS TO SEE & DO

When thinking about your next vacation, the Upper Valley is considered one of the best kept secrets along the Connecticut River in New Hampshire and Vermont. With vibrant communities, breathtaking views, and plenty of activities to choose from, the Upper Valley will leave you wanting more.

### LOCAL FLAVOR

Vermont is bursting with flavor and if you enjoy baking, then a must-see is King Arthur Baking Co. in Norwich, VT. Enjoy a delicious treat from the café or stock up on baking supplies in the retail outlet.

If you are a foodie, you will find many small craft foods and local specialty food providers sprinkled all over the Upper Valley. From fine chocolates from My Brigadeiro in Hanover, NH to specialty smoked meats and cheeses at Garfield's Smokehouse in Plainfield, NH. Swoon over delicious caramels and candies from Red Kite Candies in Hanover, NH.

Craft beer and spirits can be found at Jasper Murdoch's Tap Room in Norwich, VT, Bright Side Brewing in West Lebanon, NH, or taste several small batch liquors at SILO Distillery in Windsor, VT.

### ARTS & ENTERTAINMENT

The Upper Valley is home to numerous live performance venues. Enjoy a night out to see a professional show or hone your creative skills by taking an art class.

AVA Gallery and Art Center in Lebanon, NH promotes the visual arts that supports New England artists and provides art classes for any age and skill level.

The Hopkins Center for the Arts (The HOP) at Dartmouth offers live events, film showings, and theater presented by students of all class levels. Many students have gone on to a professional career and visitors can experience high-quality when seeing a production.

Lebanon Opera House is the only community-based theater of its size in west-central New Hampshire. Live performances broaden audience's cultural horizons and encourages community participation.

Opera North brings professional opera performances to both the Lebanon Opera House stage and outdoors at Blow Me Down Farm in Cornish, NH during the summer. Opera North is the only professional opera company north of New York City.

The Montshire Museum of Science in Norwich, VT offers visitors a hands-on experience with more than 140 exhibits relating to the natural and physical sciences, ecology, and technology. Located near the Connecticut River, the museum's outdoor setting is as educational as what can be found inside.





Relive your childhood wonders by visiting the Vermont Toy Museum in Quechee, VT. The museum has on display a collection of cherished toys from each decade starting in the early 1800s.

### THE GREAT OUTDOORS

Visitors can enjoy the beautiful sights and sounds while being surrounded by nature. There are plenty of trails to explore, whether that's through hiking or mountain biking, or perhaps by spending some time on the water.

If you're looking for something to really make your outdoor adventures memorable, visit: [vitalcommunities.org/valleyquest/questing-book](http://vitalcommunities.org/valleyquest/questing-book) to join a treasure hunt or create your own!

The Appalachian National Scenic Trail will take hikers on a journey through 2,180-plus miles of public footpaths. Before setting off for a hike, make sure to check the park website for closures.

Eshqua Bog in Hartland, VT is considered a botanical wonderland of cold-climate holdovers. This preserve will delight visitors with its diverse array of bog and fen plants.

The Quechee Gorge is considered one of Vermont's most beautiful natural wonders. Also known as "Vermont's Little Grand Canyon" in

Quechee, visitors will experience vistas 168 feet from the bridge above the Ottaquechee River. It's a beautiful spot to enjoy a picnic or to venture the trails along the mile-long chasm.

The gorge is within walking distance of Quechee Gorge Village and Quechee State Park, where you can shop and eat.

Balch Hill Natural Area in Hanover, NH is clearly a favorite among residents for its plethora of trails, picnic areas, and bird watching.

Ten trails from easy to moderate lead to the 937-foot summit. Watch history unfold by coming across sugar maples and red oak trees that are nearly 200 years old.

Bird watchers should keep an eye out for Balch Hill's year-round residents that include barred owls, ruffed grouse, turkeys, blue jays, and chickadees.

You may also come across some wildlife, such as the white-tailed deer, porcupine, raccoon, fisher, short-tailed weasel, skunk, red fox, snowshoe hare, red and gray squirrels.

The Boston Lot Lake and Wilder Dam Ledges is a great place for recreation and camping year-round in Lebanon, NH. Many visitors enjoy the opportunity to hike, snowshoe, ski, hunt, fish, and picnic.



**Eastman**  
Cross-Country

**Come visit us  
winter and  
summer!**

**Open to  
the public.**

**In the ♥ of the Dartmouth/  
Lake Sunapee Region  
6 Clubhouse Lane  
Grantham, NH**

**603.863.4500**

**[eastmanxc.org](http://eastmanxc.org)  
[eastmangolfinks.com](http://eastmangolfinks.com)**



**Eastman**  
Golf Links







### THE GREAT OUTDOORS (CONTINUED)

Holt's Ledge in Hanover, NH offers an easy day hike from 2.2 miles to 13 miles. Hikers may get the chance to spot a few peregrine falcons, which are a protected species. On a clear day, Holt's Ledge offers extensive views of Smarts Mountain, Mount Cardigan, Ragged Mountain, Mount Kearsarge, and Mount Ascutney.

Mount Cardigan in Orange, NH is a moderate day hike from 3.3 miles to 25 miles.

The Cardigan Mountain State Park spans 5,655 acres and trails leading from the West Ridge Trail and South Ridge Trail. Hikers that reach the summit at 3,155 feet will catch some panoramic views and can see the White Mountains, Camel's Hump in Vermont, and Pleasant Mountain in Maine.

The Storrs Pond Recreation Area in Hanover, NH offers swimming, an exciting splash pad, tent and RV sites, as well as hiking trails, tennis, disc golf, and room to just sit back and relax. Located minutes from downtown, it is the premier outdoor destination for the entire community to enjoy.



### BIKING

Ready for a 2-wheel adventure? The Northern Rail Trail starts in Lebanon and runs 56 miles to Boscawen, NH passing by gorgeous scenery such as along Mascoma Lake.

The Mascoma River Greenway starts in downtown Lebanon, NH and has beautiful views of the river.

If you're looking for a little more adventure, you can find a map of trails with a variety of difficulty levels on the Upper Valley Mountain Biking Association's website: [uvmba.org/localtrails](http://uvmba.org/localtrails).

The Green Woodlands Foundation also has a list that covers 50-plus miles of single and double track trails in Lyme and Dorchester, NH here: [greenwoodlands.org](http://greenwoodlands.org).





**BOATING**

The Upper Valley has many lakes and ponds that provide scenic boating and kayaking. Grafton Pond in Grafton is a protected area known as one of the most beautiful ponds (over 300 acres) in the region.

Or, bring your boat to Mascoma Lake in Enfield, NH or Lake Fairlee in Fairlee, VT for water where you can boat all day.

The White River in Vermont can be a fun day out canoeing along this river. With many small rapids and ledges, the White River is rated between Class 1 and 3.



**SOMETHING FOR EVERYONE!**

- Splash Park
- 2 Pools
- Swim Team
- Swim Lessons
- Gym w/weights
- Personal Training
- Group Classes
- Splash Camp

WRJ, VT 05001 • 802.296.2850 • UVACswim.org

**Four Seasons** | **Sotheby's**  
INTERNATIONAL REALTY

Looking to plant your roots in the Upper Valley?

It would be our privilege to partner with you – we'll accomplish your property goals together.

Scan the QR code to explore and partner with our Hanover, NH team.

←

Hanover O: 603.643.6070 | Fairlee O: 802.333.4701 | FourSeasonsSIR.com  
Each Office is Independently Owned & Operated.

**Explore AVA**

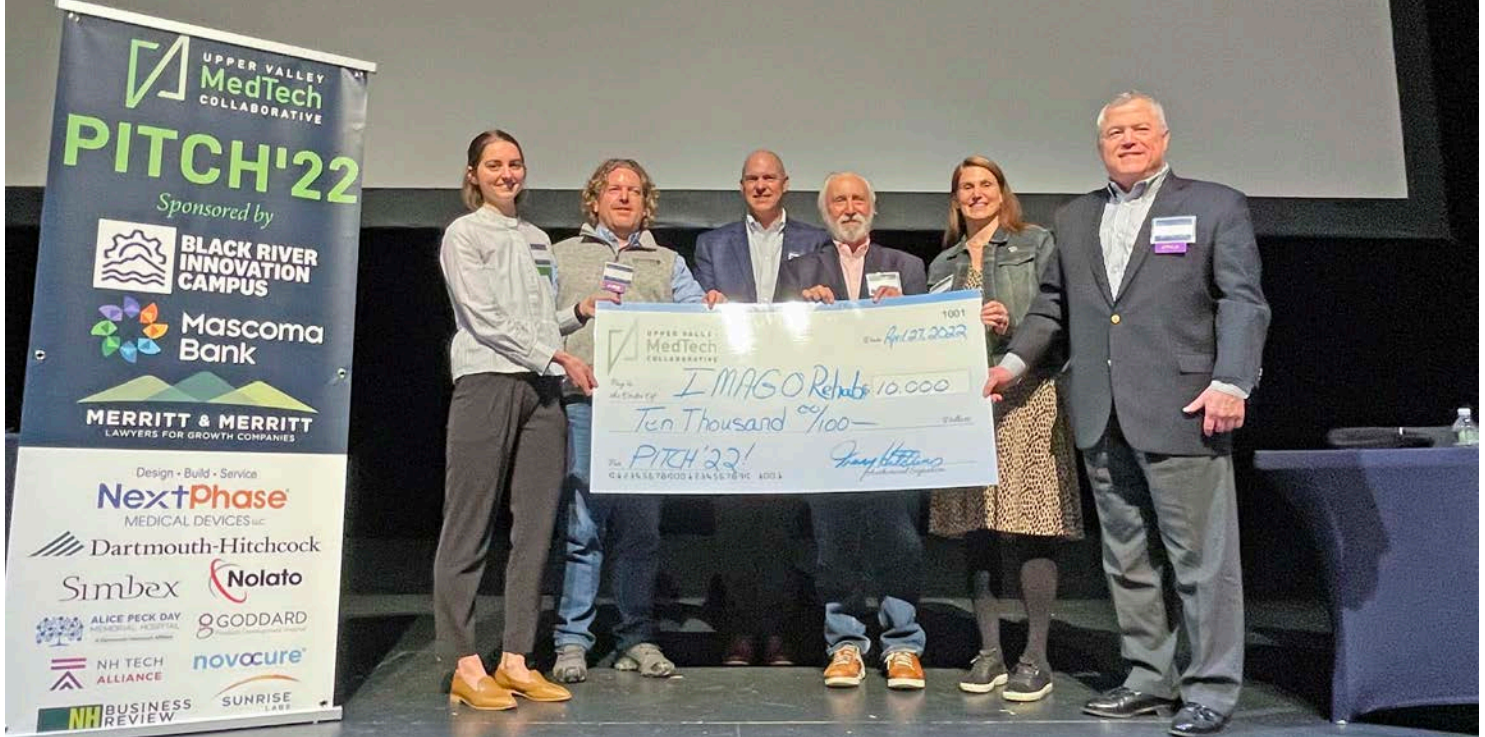
Open year-round with exhibitions and events, a wide range of classes and workshops, and fine art and craft by local artists for sale in our Members Gallery.

**Hours**  
Tuesday - Saturday  
11AM-5 PM  
11 Bank St, Lebanon, NH  
603.448.3117

**AVA Gallery and Art Center**  
Celebrating Our 50<sup>th</sup> Year

**AVAGALLERY.ORG**





## THE MEDTECH COLLABORATIVE



### CORE VALUES

- Respecting the Rural Character of Northern New England
- Recognizing our Impact on Economic Development
- Supporting Workforce Inclusivity and Equitable Access to Resources

### WE BRING TOGETHER

- 500+ Member Companies and Innovators
- Real Asks: Educational and Career, Advancement and Opportunities
- Annual Conferences: MedTech Collaborative Pitch Competition and Northern New England MedTech Conference

- Monthly Networking: Our Member Socials are hosted on the fourth Thursday of every month.

Join us for... An Exchange of Innovation, Ideas, and Practical Knowledge in the Medtech Industry in Northern New England.

**Find us online at: [medtechcollab.org](http://medtechcollab.org)**

The Medtech Collaborative is an initiative of the Upper Valley Business Alliance created to encourage economic development, investment, business creation, employee retention and workforce expansion in the medical and biotechnology fields.

### VISION STATEMENT

We see a future where Northern New England has a thriving and collaborative MedTech community.

### GOALS

- Raising awareness of MedTech activities in Northern New England.
- Enabling collaboration among MedTech innovators.
- Providing educational opportunities and community resources.



## UPPER VALLEY BIPOC NETWORK

The Upper Valley BIPOC Network was created as a community engagement initiative to welcome incoming community members and connect them to resources, and create professional and social networks in the Upper Valley that support Black, Latinx, Indigenous, Asian American, Pacific Islander, Middle Eastern and other communities of color in the Upper Valley of New Hampshire and Vermont.

The Upper Valley BIPOC Network is a program of the Upper Valley Business Alliance.



Find us online: [uvbipocnetwork.org](http://uvbipocnetwork.org)

Join our email list: [tinyurl.com/UVBIPOCEmailList](http://tinyurl.com/UVBIPOCEmailList)

Whitney Pension Associates, Inc. has been providing full-service employer sponsored retirement plan administration and consulting since 1996.

Our benefit professionals are dedicated to helping employers implement retirement plans that promote corporate goals and objectives, control costs and give employees a sense of security. Partnering with us ensures that the needs of you and your employees will be met.

Our services at Whitney Pension Associates include:

- Plan Design and Implementation
- Consulting Services
- Defined Contribution Plan Record Keeping & Administration
- Defined Benefit Plan Actuarial Services & Administration
- Annual Compliance Testing and Government Reporting



CONTACT US TO LEARN MORE

[www.whitneypension.com](http://www.whitneypension.com)

Tel: (802) 296-6500

Fax: (802) 296-2888

Email: [info@whitneypension.com](mailto:info@whitneypension.com)

**WPA** WHITNEY PENSION ASSOCIATES INC

Increasing the employment of people with disabilities  
"one job at a time"

Recruitment | Retention  
ADA Consultations & Training  
Placement Assistance  
Workshops



The Vermont Association of Business, Industry and Rehabilitation

[vabir.org](http://vabir.org) 802.878.1107





## UPPER VALLEY YOUNG PROFESSIONALS



The mission of the Upper Valley Young Professionals group is to bring together young, emerging, and rising professionals and foster connections in the Upper Valley of NH & VT.

What does it mean to be a young professional? Our target audience for our events is 20-40 year-olds living or working in the Upper Valley. However, we welcome near-peers who would like to learn more about our group or hear from younger voices. We define professional as anyone employed or looking for new opportunities. We are an open and welcoming group.

Our goal is to be a resource for young adults in the Upper Valley region of Vermont and New Hampshire who are looking to expand their personal or professional networks. We create opportunities for young professionals to connect with one another and with their community. We aim to be a high-value network of individuals who contribute to our region and make the Upper Valley a place where young people want to stay, work and play.

As young professionals we know that networking is important, not just to make business contacts but also to make social connections. While many believe that one of the best attributes of the Upper Valley is its rural nature, this can also make it difficult for young people to connect. Upper Valley Young Professionals feels it is important to centralize the Upper Valley community by regularly hosting social events.

Each gathering we partner with a different local business that will foster social interaction. We enjoy supporting local businesses, in both NH & VT, while providing a forum for young professionals to connect with those that they normally wouldn't cross paths with where they live or work. Our community fabric is strengthened beyond what normally would exist during the course of daily interactions. Whether you are a newcomer, or a lifelong resident this can be an invaluable opportunity to make new connections with fellow community members.

Whether you are interested in expanding your business or social network, or just want an excuse to go out after work, please visit us at our next event!

The UVYP is a program of the Upper Valley Business Alliance.

**Find us online at: [uvyp.org](http://uvyp.org)**





## DO BUSINESS HERE

The Upper Valley is the perfect place to locate your business. Great proximity to the metropolitan areas of Manchester, Burlington, Montpelier, Boston, New York and Montreal. A robust economy with a highly educated and skilled workforce. Plus, a high quality of life with terrific schools, plentiful outdoor recreation and cultural events, and supportive communities.

Our workforce is highly educated and skilled. In the Upper Valley towns, 95% of all residents have graduated high school and 52% have a college degree or higher. Businesses focused on the trades can also find skilled workers with local training programs in area high school tech centers.

In 2021, the US Census analysis placed the Upper Valley as one of the fastest growing micropolitan areas in the country. Niche.com listed Hanover as the number one best place to live in New Hampshire.

The Upper Valley is a thriving bio and medtech region with a supportive ecosystem for

entrepreneurship from institutions such as Dartmouth's Magnussen Center for Entrepreneurship, the Tuck School of Business and a leading teaching hospital at Dartmouth Health. Opportunities abound in the areas of engineering, technology, education and medicine.

The Upper Valley is a desirable place to live. There are lifestyle choices from rural living to in-town convenience, from larger communities to small villages, from farm and horse country to resort and recreational communities. Low levels of crime, noise, and pollution contribute to a sense of being safe. The beauty of the landscape in mountain views, pastures and woodlands, rivers and lakes, stonewalls, and village character combine to make this place special. The charm of this valley can be found in its history, cultural sophistication, socioeconomic mix, spectacular beauty and educational and recreational opportunities.

**Need more information?**

**Visit [uppervalleybusinessalliance.com](http://uppervalleybusinessalliance.com)**



# MEMBERS BY CATEGORY

## ACCOUNTANTS

**A.M. Peisch & Company, LLP**  
24 Airport Road  
West Lebanon, NH 03784  
(603) 306-0100  
ampeisch.com

**Charles F. Morgan CPA PC**  
PO Box 111  
Lebanon, NH 03766  
(603) 448-6200  
uppervalleycpa.com

**Gallagher, Flynn & Company, LLP**  
85 Mechanic Street  
Box A-9, Suite E2-4  
Lebanon, NH 03766  
(603) 643-0043  
gfc.com

**Nathan Wechsler & Co., P.A.**  
44 School Street  
Lebanon, NH 03766  
(603) 448-2650  
nathanwechsler.com

**Richard A. Paul Jr., CPA, P.C.**  
842 Hartford Avenue  
White River Jct., VT 05001  
(802) 698-0332  
richardpaulcpa.com

**Schiffman, Dattilio & Company, PC**  
23 Bank Street  
Lebanon, NH 03766  
(603) 448-6655  
schiffman.com

**Tyler, Simms & St. Sauveur, CPAs P.C.**  
19 Morgan Drive  
Lebanon, NH 03766  
(603) 653-0044  
tss-cpa.com

## ADVERTISING & PROMOTIONS

**1spot.app | Onespot Mobile Apps**  
New York City, NY 10018  
seabirdapps.com

**Chuck Sink Link**  
3 Timothy Road  
Sunapee, NH 03782  
(603) 345-7223  
chucksink.com

**Clover Creative Group**  
234 Camp Road  
Plainfield, NH 03781  
(603) 677-7032  
clovercreativegroup.com

**Fern Creative**  
20 Preston Road  
Lyme, NH 03768  
(802) 356-7224  
fern-creative.com

**Great Eastern Radio**  
106 North Main Street  
West Lebanon, NH 03784  
(603) 298-0332  
greateasternradio.com

**Greater Good Media**  
240 South Main Street Suite 1  
White River Jct., VT 05001  
(802) 698-8184  
greatergoodmedia.net

**Hutchens Media, LLC**  
23 South Main Street Suite 3D  
Hanover, NH 03755  
(603) 448-4666  
hutchensmedia.com

**Hydrate Marketing**  
29 School Street  
Lebanon, NH 03766  
(603) 651-0473  
hydratemarketing.com

**The Ink Factory**  
45 School Street  
Claremont, NH 03745  
(603) 542-2234  
inkfactoryclothing.com

**Lufkin Graphic Designs**  
311 Beaver Meadow Rd  
Norwich, VT 05055  
(802) 649-3500  
lufkingraphics.com

**Mountain View Publishing**  
135 Lyme Road  
Hanover, NH 03755  
(603) 867-9339  
greateruppervalley.com

**Shire Digital**  
Lyme, NH 03769  
(603) 298-5721  
shiredigital.com

**Valley News**  
24 Interchange Drive  
West Lebanon, NH 03784  
(603) 298-8711  
vnews.com

## AGRICULTURE

**Cedar Circle Farm & Education Center**  
225 Pavillion Road  
East Theord, VT 05043  
(802) 785-4737  
cedarcirclefarm.org

**The Robie Farm**  
25 Route 10  
Piermont, NH 03779  
(603) 272-4872  
robiefarmnh.com

## AIRPORTS

**Lebanon Municipal Airport**  
5 Airport Road  
West Lebanon, NH 03784  
(603) 298-8878  
lebanonnh.gov/150/Airport

## ANTIQUES, ESTATE SALES & CONSIGNMENTS

**William A. Smith Auctioneers and Appraisers**  
1064 Rte. 12A  
Plainfield, NH 03781  
(603) 675-2549  
wsmithauction.com

## APARTMENTS

**Audubon Timberwood Commons**  
6 Timberwood Drive  
Lebanon, NH 03766  
(603) 727-9248  
timberwoodcommons.com

**Emerson Place Apartments**  
21 Spencer Street #116  
Lebanon, NH 03766  
(603) 448-9605  
emersonplaceapts.com

**Hanover Place Residences**  
25 Foothill Street  
Lebanon, NH 03766  
(802) 356-3297  
hanoverplace.live

**Purcell Properties LLC**  
21 School Street  
Lebanon, NH 03755  
(603) 448-1335  
purcellprop.com

**Quail Hollow Senior Living Community**  
69 Lily Lane  
West Lebanon, NH 03784  
(603) 640-6001  
summitseniorliving.net/  
rental-properties/  
quail-hollow-senior-living

## APPRAISERS

**Model Appraisal Services**  
P.O. Box 5416  
West Lebanon, NH 03784  
603-298-8400  
modelappraisal.com

## ARCHITECTURAL DESIGN & BUILDING

**Banwell Architects, P.C.**  
6 South Park Street  
Lebanon, NH 03766  
(603) 448-3778  
banwellarchitects.com

## ART GALLERIES

**AVA Gallery & Art Center**  
11 Bank Street  
Lebanon, NH 03766  
(603) 448-3117  
avagallery.org

**New Hampshire Business Committee for the Arts**  
155 Dow Street Suite 402  
Manchester, NH 03101  
(603) 518-8241  
nhbca.com

## ARTS & CRAFTS

**Duke's Art & Frame Shop**  
7 Bank Street  
Lebanon, NH 03766  
(603) 448-6012  
dukesonline.biz

## ARTS EDUCATION

**Children's Art Studio**  
326 Main Street  
Norwich, VT 05055  
(774) 563-3069  
childrensartstudio  
norwich.com

**Junction Arts & Media**  
5 South Main Street 1st Floor  
White River Jct., VT 05001  
(802) 269-6688  
uvjam.org

**Upper Valley Circus Camp, LLC**  
6 Log Cabin Drive  
Cornish Flat, NH 03746  
(603) 398-2059  
uvcircus.com

**Upper Valley Music Center**  
8 South Park Street  
Lebanon, NH 03766  
(603) 448-1642  
uvmusic.org

## ASSISTED LIVING

**Kendal at Hanover**  
67 Cummings Road  
Hanover, NH 03755  
(603) 643-8900  
kah.kendal.org

**The Village at White River Junction**  
101 Currier Street  
White River Jct, VT 05001  
(802) 295-7500  
thevillageatwrj.com

## ASSISTED LIVING

### Wheelock Terrace

32 Buck Road  
Hanover, NH 03755  
(603) 676-7916  
wheelockterrace.com

## ATTORNEYS

### Brannen & Loftus PLC

80 South Main Street  
Hanover, NH 03755  
(603) 277-2971  
brannen-loftus.com

### Caldwell Law

367 Route 120 Unit B-6  
Lebanon, NH 03766  
(603) 643-7577  
estateandelderlawgroup.com

### Downs Rachlin Martin PLLC

67 Etna Road Suite 300  
Lebanon, NH 03766-1461  
(603) 448-2211  
drm.com

### GOFFWILSON, P.A.

PO Box 1000  
Manchester, NH 03105  
(603) 228-1277  
goffwilson.com

### Law Office of Margaret A. Jacobs & Kerry A. Rigas, PLLC

45 Lyme Road Suite 209  
Hanover, NH 03755  
(603) 643-5010

### Offit Kurman

70 Grove Street Suite 401-4  
Peterborough, NH 03458  
(919) 608-0097  
offitkurman.com

### Orr & Reno

PO Box 3550  
Concord, NH 03302  
603.224.2381  
orr-reno.com

### Sabbeth Law Vermont & New Hampshire Personal Injury Attorneys

201 Dewitt Drive Suite 1  
White River Jct., VT 05001  
(802) 392-0621  
sabbethlaw.com

### Schwegman Lundberg & Woessner, P.A.

50 Milk Street  
Boston, MA 02109  
(617) 851-8645  
slwip.com

## AUDIOLOGISTS

### Johnson Audiology

2 Dorrance Place  
Hanover, NH 03755  
(603) 643-4327  
johnsonaudiologyhearing.com

## AUTOMOTIVE

### Key Chevrolet of White River

32 Key Auto Drive  
White River Jct., VT 05001  
(802) 428-4558  
whiteriverchevrolet.com

### Midas Auto Service

5 Airport Road Suite 12  
West Lebanon, NH 03784  
(603) 298-8741  
midas.com

### TBW Automotive Inc.

95 Mechanic Street  
Lebanon, NH 03766  
(603) 448-6787  
tbwautomotiveinc.com

### UVnGO Mobile Auto Services

8 Interchange Drive  
West Lebanon, NH 03784  
(603) 285-9001  
uvngo.com

### VIP Auto

38 Railroad Avenue  
West Lebanon, NH 03784  
(603) 298-9473  
vipauto.com

### White River Subaru

429 Sykes Mountain Avenue  
White River Jct., VT 05001  
(802) 526-9830  
whiteriversubaru.com

### Wilson Tire

35 Old Etna Rd  
Lebanon, NH 03766  
(603) 448-4541  
wilsontireco.com

## BANKS & CREDIT UNIONS

### Bar Harbor Bank & Trust

68 South Main Street  
Hanover, NH 03755  
(603) 643-3238  
barharbor.bank

### Claremont Savings Bank

106 North Main Street  
West Lebanon, NH 03784  
(603) 690-2402  
claremontsavings.com

### Ledyard National Bank

38 South Main Street  
Hanover, NH 03784  
(603) 643-2244  
ledyardbank.com

### M&T Bank

190 Maple Street  
White River Jct., VT 05001  
(802) 295-5701  
mtb.com

### Mascoma Bank

80 South Main Street  
Hanover, NH 03755  
(603) 646-1537  
mascomabank.com

### Northeast Credit Union

199 Heater Road  
Lebanon, NH 03766  
(603) 448-4424  
necu.org

### Service Credit Union

225 Mechanic Street  
Lebanon, NH 03766  
(603) 448-9620  
servicecu.org

### Sugar River Bank

10 North Main Street  
Newport, NH 03773  
(603) 863-3000  
sugarriverbank.com

### Woodsville Guaranty Savings Bank

17 1/2 Lebanon Street  
Hanover, NH 03755  
(603) 653-0102  
thegarantybank.com

## BARBER SHOPS, SALONS & SPAS

### Ahma

8 Glen Road Suite #20  
West Lebanon, NH 03784  
(603) 790-8011  
ahmawellbeingspa.com

### Belleza LLC

8 Glen Road Suite #25  
West Lebanon, NH 03784  
(603) 790-8011  
bellezabeautysalon.net

### European Face And Body Studio

70 South Main Street  
Hanover, NH 03755  
(603) 277-9075  
europeanfaceandbodystudio.com

### EYEGAZER

103 Hanover Street  
Lebanon, NH 03766  
(603) 722-5260  
lashesbychantel.square.site

### Maven Salon

34 South Main Street  
Hanover, NH 03755  
(603) 643-1244  
salonmaven.com

### Touch By Sofie Braids & Beauty Bar

55 Hanover Street Unit 1  
Lebanon, NH 03766  
(603) 443-2603  
facebook.com/TouchBySofieLLC

### Vivo Salon and Day Spa

119 Mechanic Street  
Lebanon, NH 03766  
(603) 448-5888  
vivosalonanddayspa.com

### Walt & Ernie's Barbershop

5 Old Nugget Alley  
Hanover, NH 03755  
(603) 359-8064  
waltanderniesbarbershop.com

## BOOKS & STATIONERY

### The Norwich Bookstore

291 Main Street  
Norwich, VT 05055  
(802) 649-1114  
norwichbookstore.com

### Still North Books & Bar

3 Allen Street  
Hanover, NH 03755  
(603) 676-7846  
stillnorthbooks.com

## BUSINESS SERVICES

### Complete Payroll Solutions

New Boston, NH 03070  
(603) 661-9610  
completepayrollsolutions.com

### Grafton Regional Development Corporation

131 Main Street  
Plymouth, NH 03264  
(603) 536-2011  
graftonrdc.org

### HR Happens

76 Elm Street  
Norwich, VT 05055  
(802) 279-0452  
hrhappens.com

### HRXperienced LLC

PO Box 307  
Plainfield, NH 03781  
(603) 252-9434  
HRXperienced.com

### J. Galt

Plainfield, NH 03781  
(603) 677-7420  
jgalt.io/lharding

### Key Communications, Inc.

1011 North Main Street Suite 6  
White River Jct., VT 05001  
(802) 296-6800  
key-comm.com

### Mason Marketing Group, LLC

38 Spencer Street  
Lebanon, NH 03766  
(603) 252-5400  
masonmarketinggroup.com

### NorthEast Mailing Systems, LLC

26 Bank Street  
Lebanon, NH 03766  
(603) 727-4551  
northeastmailing.com



## BUSINESS SERVICES

### SCORE Upper Valley

20 West Park Street  
Lebanon, NH 03766  
(603) 448-3491  
uppervalley.score.org

### Strong Rabbit Designs

134 Old Stage Road  
South Royalton, VT 05068  
(802) 369-0546  
strongrabbitdesigns.com

### The Space On Main

174 Main Street  
Bradford, VT 05033  
(802) 449-6246  
thespaceonmain.org

### Top Stitch Embroidery

233 Mascoma Street  
Lebanon, NH 03766  
(603) 448-2931  
topstitchinc.com

### UniFirst Corporation

125 Etna Road  
Lebanon, NH 03766  
(603) 448-0011  
unifirst.com/contact/  
locations/nh/lebanon/

### Upper Valley HRPro LLC

852 Chandler Road  
White River Jct., VT 05001  
(603) 443-2779  
uvhrpro.com

### Whitney Pension Associates, Inc.

PO Box 1253  
Quechee, VT 05059  
(802) 296-6500  
whitneypension.com

### ZenBusiness

5511 Parkcrest Drive Suite 103  
Austin, TX 78731  
(512) 765-4985  
zenbusiness.com/  
new-hampshire-llc

## CHILD CARE

### Boys & Girls Clubs of Central New Hampshire

55 Bradley Street  
Concord, NH 03301  
(603) 568-0923  
nhyouth.org

### Fit Kids at River Valley Club

14 Lafayette Street  
Lebanon, NH 03766  
(603) 643-8650  
rvcfitkids.com

## CHILDREN'S CLOTHING & TOYS

### Country Kids Clothing

8 Glen Road  
West Lebanon, NH 03784  
(603) 790-8168  
countrykidsclothingnh.com

## CHURCHES

### River Bank Church

PO Box 5306  
West Lebanon, NH 03784  
(603) 359-6063  
riverbankchurch.com

## CLEANING SERVICES

### Aslan's Maintenance

PO Box 738  
Lebanon, NH 03766  
(603) 448-4906  
aslansmaintenance.com

## CLOTHING & SHOES

### 37 Central Clothiers

43 South Main Street Suite 2  
Hanover, NH 03755  
(603) 277-9147  
37central.com

### Hubert's Family Outfitters

410 Miracle Mile Suite 17  
Lebanon, NH 03766  
(603) 448-6551  
huberts.com

## COFFEE & VENDING SUPPLIES

### Allan's Vending Service

PO Box 797  
White River Jct., VT 05001  
(802) 296-7770  
allansvending.com

### Hato Viejo Coffee

25 Stone Hill Road  
Lebanon, NH 03766  
(603) 276-0598  
hatoviejocoffee.com

## COMMERCIAL REAL ESTATE SERVICES

### BCR | Brown Commercial Realty

44 South Main Street #10  
Hanover, NH 03755  
(603) 652-1499  
brownncr.com

### Dartmouth Regional Technology Center

16 Cavendish Court  
Lebanon, NH 03766  
(603) 643-5174  
thedrtc.com

### Hanover Park

11 Laramie Road  
Etna, NH 03750  
(603) 359-3300

### Lang McLaughry Commercial Real Estate

93 South Main Street  
West Lebanon, NH 03784  
(603) 298-8904  
langmclaughrycommercial  
realestate.com

### Northeast Commercial Realty

21 Technology Drive #6  
West Lebanon, NH 03784  
(603) 298-9999  
primemls.com/office/s/1340

## COMMUNITY ORGANIZATIONS

### David's House

461 Mt. Support Road  
Lebanon, NH 03766  
(603) 643-2298  
davids-house.org

### Friends of the Norris Cotton Cancer Center

One Medical Center Drive  
Lebanon, NH 03756  
(603) 646-5500  
theprouity.org

### Granite United Way

21 Technology Drive Suite 4  
West Lebanon, NH 03784  
(603) 298-8499  
graniteuw.org

### Hanover Conservancy

71 Lyme Road  
Hanover, NH 03755  
(603) 643-3433  
hanoverconservancy.org

### Hanover Improvement Society

57 South Main Street  
Hanover, NH 03755  
(603) 643-2408  
hanoverimprovement.org

### Hanover NH Rotary Club

P.O. Box 381  
Hanover, NH 03755  
hanovernhrotary.org

### Headrest

14 Church Street  
Lebanon, NH 03766  
(603) 448-4872  
headrest.org

### Howe Library Corporation

13 South Street  
Hanover, NH 03755  
(603) 643-4120  
howelibrary.org

### LISTEN Community Services

60 Hanover Street  
Lebanon, NH 03766  
(603) 448-4553  
listencs.org

### Maynard House

17 South Street  
Hanover, NH 03755  
(603) 643-3277  
maynardhouse.org

### New Hampshire Community Loan Fund

7 Wall Street  
Concord, NH 03303  
(603) 224-6669  
communityloanfund.org

### Positive Tracks

35 South Main Street  
Hanover, NH 03755  
(603) 643-5009  
positivetracks.org

### Rotary Club of Lebanon

PO Box 132  
Lebanon, NH 03766  
(603) 359-3996  
rotarylebanonnh.org

### Spark! Community Center, Inc.

59 Hanover Street #4  
Lebanon, NH 03766  
(603) 678-8619  
sparkcommunitycenter.org

### Special Needs Support Center

129 South Main Street Suite 103  
White River Jct., VT 05001  
(603) 448-6311  
snsc-uv.org

### Upper Valley Arts Alliance

PO Box 173  
Lebanon, NH 03766  
(603) 545-5087  
uvarts.org

### Upper Valley BIPOC Network

377 North Main Street  
West Lebanon, NH 03784  
(603) 448-1203  
uvbipocnetwork.org

### Upper Valley Haven

713 Hartford Avenue  
White River Jct., VT 05001  
(802) 295-6500  
uppervalleyhaven.org

### Upper Valley Land Trust, Inc.

19 Buck Road  
Hanover, NH 03755  
(603) 643-6626  
uvlt.org

### Upper Valley Young Professionals

377 North Main Street  
West Lebanon, NH 03784  
(603) 448-1203  
uvyp.org

### Visions for Creative Housing Solutions

8 Sunrise Farm Lane  
Enfield, NH 03748  
(603) 632-7707  
visionsnh.org

### Vital Communities

195 North Main Street  
White River Jct., VT 05001  
(802) 291-9100  
vitalcommunities.org

### Waypoint

63 Hanover Street  
Lebanon, NH 03766  
(603) 298-8237  
waypointnh.org

## COMMUNITY ORGANIZATIONS

### WISE - Women's Info. Services

38 Bank Street  
Lebanon, NH 03766  
(603) 448-5922  
wiseuv.org

## COMPUTER SERVICES & SALES

### Adobe

345 Park Avenue  
San Jose, CA 95110  
(408) 753-5826  
adobe.com

### All Access Infotech LLC

PO Box 109  
Orford, NH 03777  
(802) 331-1900  
allaccessinfotech.com

## CONSTRUCTION MANAGEMENT

### Fuss & O'Neill

205 Billings Farm Rd. Suite 6B  
White River Jct., VT 05001  
(802) 698-0370  
fando.com

### Otter Creek Engineering Inc.

93 South Main St. Suite 203A  
West Lebanon, NH 03784  
(802) 382-8522  
ottercrk.com

## CONSULTANTS

### Adachi Labs, LLC

1016 New Boston Road  
Norwich, VT 05055  
(603) 359-4751  
annaadachimejia.com

### Consultant Squared

13 White Birch Lane  
West Lebanon, NH 03784  
(603) 991-7072

### Inner Citadel Consulting

602 North Avenue Unit 16  
Burlington, VT 05048  
(616) 329-0753  
innercitadelconsulting.com

### Resilient Buildings Group, Inc

46 South Main Street Suite 7  
Concord, NH 03301-4855  
(603) 226-1009  
resilientbuildingsgroup.com

## CONTRACTORS

### Blaktop Inc.

73 Elm Street West  
West Lebanon, NH 03784  
(603) 298-8885  
blaktop.com

### Clow Construction

PO Box 274  
Etna, NH 03750  
(603) 643-4529  
clowconstructionnh.com

### Cole Electric, Inc.

205 Church Lane  
East Thetford, VT 05043  
(802) 785-4818

### D. R. Key Corp.

255 Dartmouth College Hwy.  
Lebanon, NH 03766  
(603) 448-3060  
drkeycorp.com

### Domus, LLC.

8 Great Hollow Road  
Etna, NH 03750  
(603) 643-4114  
domusbuilt.com

### Foremost Builders

PO Box 5310  
West Lebanon, NH 03784  
(603) 763-1344  
foremostbuilders.com

### High Meadow Builders, LLC

160 Mechanic Street  
Lebanon, NH 03766  
(603) 448-5626  
highmb.com

### Housewright Construction Inc.

5365 Main Street  
Newbury, VT 05051  
(802) 866-5520  
housewright.net

### HP Roofing

240 South Main Street Suite 6  
White River Jct., VT 05001  
(802) 295-1548  
hprooingllc.com

### MJ Toon Construction LLC

322 Mascoma Street  
Lebanon, NH 03766  
(603) 217-7998  
mjtoonconstruction.com

### Prana Design Painting

38 West Province Road  
Newbury, NH 03255  
(603) 865-1315  
pranapainting.com

## CONSTRUCTION MANAGEMENT

### DEW Construction Corp.

277 Blair Park Road Suite 130  
Williston, VT 05495  
(802) 872-0505  
dewconstruction.com

### Estes & Gallup

PO Box 240  
Lyme, NH 03768  
(603) 795-4400  
estes-gallup.com

### Trumbull-Nelson Construction Co.

19 Plaza Heights Road  
West Lebanon, NH 03784  
(603) 643-3658  
t-n.com

## CONVENIENCE STORES

### Evans Express Mart

361 Miracle Mile  
Lebanon, NH 03766  
(603) 448-3400  
evansexpressmart.com

### Jake's Market & Deli

227 Mechanic Street  
Lebanon, NH 03766  
(603) 448-6510  
jakesmarket.com

## DENTAL

### Hanover Orthodontics

7 Allen Street Suite 300  
Hanover, NH 03755  
(603) 643-1200  
drneely.com

### Mascoma Dental Associates

2 Campbell Street  
Lebanon, NH 03766  
(603) 448-4200  
mascomadental.com

### Neal Wallace Dental

73 Lyme Road Suite 3  
Hanover, NH 03755  
(603) 643-3509  
nealwallacedental.com

## EDUCATION

### Crossroads Academy

95 Dartmouth College Hwy.  
Lyme, NH 03768  
(603) 795-3111  
crossroadsacademy.org

### Dartmouth College

Hanover, NH 03755  
(603) 646-1110  
home.dartmouth.edu

### Kimball Union Academy

7 Campus Center Drive  
Meriden, NH 03770  
(603) 469-2000  
kua.org

### Lebanon School District SAU88

20 Seminary Hill  
West Lebanon, NH 03784  
(603) 790-8500  
sau88.net

### Osher Lifelong Learning Institute at Dartmouth

One Court Street Suite 380  
Lebanon, NH 03766  
(603) 646-0154  
osher.dartmouth.edu

### Rassias Center Dartmouth College

6071 Blunt Suite 315  
Hanover, NH 03755  
(603) 646-2922  
rassias.dartmouth.edu

### River Valley Community College, Lebanon Academic Center

15 Hanover Street  
Lebanon, NH 03766  
(603) 443-4200  
rivervalley.edu

### Upper Valley Educators Institute

194 Dartmouth College Hwy.  
Lebanon, NH 03766  
(603) 678-4888  
uvei.edu

## ELECTRONICS

### Batteries Plus

43 Main Street  
West Lebanon, NH 03784  
(603) 790-8479  
batteriesplus.com

### Michaels Audio-Video

4 Allen Street  
Hanover, NH 03755  
(603) 643-4646

## EMPLOYMENT AGENCIES

### Leddy Group

115 Etna Road Bldg. 3, Suite 3  
Lebanon, NH 03766  
(603) 727-0102  
leddygroup.com

## ENGINEERING & PRODUCT DESIGN

### Appcast

10 Water Street  
Lebanon, NH 03766  
(800) 570-5430  
appcast.io

### Computac, LLC.

2 Buck Road Suite 8  
Hanover, NH 03755  
(603) 298-5721  
computac.com

### Creare

16 Great Hollow Road  
Hanover, NH 03755  
(603) 643-3800  
creare.com

### Maerix, Inc.

24 Airport Road Suite 306A  
West Lebanon, NH 03784  
1-866-866-2228  
maerix.com

### Red River Technology

21 Water Street Suite 500  
Claremont, NH 03743  
(603) 643-0900  
redriver.com



## ENTERTAINMENT

### DB Lights

20 West Park Street Suite 301  
Lebanon, NH 03766  
(802) 265-1723  
facebook.com/christmaslight-shows

### Nugget Theaters

57 South Main Street  
Hanover, NH 03755  
(603) 643-2769  
nugget-theaters.com

## EVENT PLANNING

### Curated Experiences by Raven Lovelock

(954) 699-3165

## FINANCIAL & INVESTMENT SERVICES

### Ameriprise Financial Services Inc.

45 Lyme Road Suite 203  
Hanover, NH 03755  
(603) 653-0317  
ameriprise.com

### Bar Harbor Wealth Management

68 South Main Street  
Hanover, NH 03755  
(603) 643-7153  
barharbor.bank/wealth-management

### Benjamin F. Edwards

292 Main Street  
New London, NH 03257  
(603) 526-6914  
benjaminfedwards.com/  
branch/benjamin-f-edwards-  
new-london-nh

### Edward Jones

2 South Park Street  
Lebanon, NH 03766  
(603) 678-5196  
edwardjones.com/us-en/  
financial-advisor/  
roland-swasey

### Fisher Financial Advisors

32 South Main Street  
Hanover, NH 03755  
(603) 643-4448  
fisherfinancialadvisors.com

### Green Future Wealth Management

367 Route 120 Unit B-4  
Hanover, NH 03755  
(603) 643-7200  
greenfuturewealth.com

### Investmark Advisory Group

29 School Street  
Lebanon, NH 03766  
(603) 865-1077  
investmark.net

### JMH Wealth Management, LLC

45 Lyme Road Suite 307  
Hanover, NH 03755  
(603) 643-8899  
jmhwealth.com

### The Richards Group

Wheeler Office Complex  
1 Oak Ridge Road Building #2  
West Lebanon, NH 03784  
(603) 643-2000  
therichardsgroup.com

### Wells Fargo Advisors

P.O. Box 643  
Hanover, NH 03755  
(603) 643-6060  
wellsfargoadvisors.com

## FITNESS

### CCBA - Carter Community Building Association

1 Taylor Street  
Lebanon, NH 03766  
(603) 448-6477  
joinccba.org

### Mighty Yoga

10 Allen Street  
Hanover, NH 03755  
(603) 676-6016  
mightyyoganh.com

### River Valley Club

33 Morgan Drive  
Lebanon, NH 03766  
(603) 643-7720  
rivervalleyclub.com

### Upper Valley Aquatic Center

10 Arboretum Lane  
White River Jct., VT 05001  
(802) 296-2850  
uvacswwim.org

## FLORIST

### Lebanon Garden of Eden

57 Mechanic Street Suite G1-1  
Lebanon, NH 03766  
603-448-6000  
gardenofedenfloral.com

## FOOD & BEVERAGE, CATERING

### Blood's Catering & Party Rentals

1147 Hartford Avenue  
White River Jct., VT 05001  
(802) 295-5393  
bloodscatering.com

### Garfield's Smokehouse

PO Box 236  
Meriden, NH 03770  
(603) 469-3225  
garfieldssmokehouse.com

### SILO Distillery

3 Artisans Way  
Windsor, VT 05089  
(802) 674-4220  
silodistillery.com

## FUEL COMPANIES

### Cota & Cota

8 Barnes Avenue  
White River Jct., VT 05001  
(802) 295-0000  
cotaoil.com

### Eastern Propane & Oil

24 Hathorn Drive  
Enfield, NH 03748  
(800) 371-7979  
eastern.com

### Simple Energy

162 North Main Street  
Lebanon, NH 03784  
(603) 298-7200  
simpleenergyonline.com

### Suburban Propane

424 Miracle Mile  
Lebanon, NH 03766  
(603) 448-4708  
suburbanpropane.com

## FUNERAL & CREMATION SERVICES

### Ricker Funeral Home and Crematory

55 School Street  
Lebanon, NH 03766  
(603) 448-1568  
rickerfuneralhome.com

## GAMES

### Black Moon Games

267 Plainfield Road  
West Lebanon, NH 03784  
(603) 678-8643  
black-moon-games.com

### The Fourth Place

3 Lebanon Street  
Hanover, NH 03755  
(617) 917-4261  
thefourthplacehanover.com

## GARDEN CENTERS

### Gardener's Supply Company

220 Mechanic Street  
Lebanon, NH 03766  
(603) 448-6110  
gardeners.com

## GIFTS & SPECIALTY ITEMS

### Andrew Pearce Bowls, Inc.

59 Woodstock Road  
Hartland, VT 05073  
(802) 735-1884  
andrewpearcebowls.com

### Canaveral Candles LLC

2 Green Street West  
West Lebanon, NH 03784  
canaveral-candles.ueniweb.com

### Dartmouth Co-Op

21 South Main Street,  
Hanover NH 03755  
(603) 643-3100  
dartmouthcoop.com

### Farmhouse Pottery

37 Main Street  
Hanover, NH 03755  
(802) 774-8373  
farmhousepottery.com

### Luminta, LLC

20 West Park Street Suite 219  
Lebanon, NH 03766  
(833) 586-4682  
luminta.com

### Main Street Kitchens

6 Allen Street  
Hanover, NH 03755  
(603) 643-9100  
main-street-kitchens.com

### rpm New Hampshire - Records, Memorabilia and Posters

53 South Main Street  
Hanover, NH 03755  
(603) 643-6555  
rpmnh.com

## GOLF

### Bretton Woods Golf Club

310 Mount Washington Hotel  
Road  
Bretton Woods, NH 03575  
(603) 278-4653  
omnihotels.com/hotels/  
bretton-woods-mount-  
washington/golf

### Eastman Golf Links

6 Clubhouse Lane  
Grantham, NH 03753  
(603) 863-4500  
eastmangolflinks.com

### Fore-U Golf Center

298 Plainfield Road  
West Lebanon, NH 03784  
(603) 298-9702  
foreugolf.com

### Montcalm Golf Club

2 Smith Pond Road  
Enfield, NH 03748  
(603) 448-5665  
montcalmgolfclub.com

### The Quechee Club

3268 Quechee Main Street  
Quechee, VT 05059  
(802) 295-9356  
quecheeclub.com

## GOVERNMENT

### City of Lebanon

51 North Park Street  
Lebanon, NH 03766  
(603) 448-4220  
lebanonnh.gov

### Town of Enfield

23 Main Street  
Enfield, NH 03748  
(603) 442-5427  
enfield.nh.us

### Town of Hanover

P.O. Box 483  
Hanover, NH 03755  
(603) 643-0701  
hanovernh.org

## GROCERY STORES

### Hannaford Supermarket & Pharmacy

8 Market Street  
West Lebanon, NH 03784  
(603) 298-6642  
hannaford.com

### Hanover Co-op Food Stores & Auto Service Centers of NH & VT

P.O. Box 633  
Hanover, NH 03755  
(603) 643-2667  
coopfoodstore.coop

### Jake's Market & Deli

119 Mechanic Street  
Lebanon, NH 03766  
(603) 443-9900  
jakesmarket.com

## HARDWARE

### LaValley Building Supply

5 Airport Road Unit 2  
West Lebanon, NH 03784  
(603) 298-5641  
lavalleys.com

## HEALTH & WELLNESS

### Balanced Speech Therapy

764 Jobs Creek Road  
Sunapee, NH 03782  
(802) 302-3954  
balancedspeech.com

### BE Fit Physical Therapy

45 Lyme Road Suite 101  
Hanover, NH 03755  
(603) 653-0040  
befitphysicaltherapy.com

### Cioffredi & Associates

Physical Therapy, LLC  
112 Etna Road  
Lebanon, NH 03766  
(603) 643-7788  
cioffredi.com

### Dartmouth Health - Visiting Nurse and Hospice for Vermont and New Hampshire

88 Prospect Street  
White River Jct, VT 05001  
(888) 300-8853  
vnhcare.org

### Dayspring Pregnancy Care Center

One Main Street Suite 2  
West Lebanon, NH 03784  
(603) 298-6123  
pc-uv.com

### GrassRoots Functional Medicine

1 Oak Ridge Road  
Building 1 Suite 4  
West Lebanon, NH 03784  
(603) 277-2199  
grassrootsfunctionalmedicine.com

### Green Mountain Hypnosis

PO Box 1491  
White River Jct., VT 05001  
(802) 566-0464  
greenmountainhypnosis.com

### Julie Glynn, Wellness Coach

PO Box 63  
Hanover, NH 03755  
(603) 252-1865  
julieglynn.com

### Lake Sunapee Region VNA & Hospice

PO Box 2209  
New London, NH 03257  
(603) 526-4077  
lakesunapeevna.org

### Precision Osteopractic Physical Therapy, LLC

33 Morgan Drive  
Lebanon, NH 03766  
(603) 676-7355  
precisionopt.com

## HOME FURNISHINGS

### Budget Blinds of Concord & Hanover

248 Sheep Davis Road Suite 10  
Concord, NH 03301  
(603) 369-6597  
budgetblinds.com/concordnh

### Carpet Mill USA

213 Mechanic Street  
Lebanon, NH 03766  
(603) 448-3902  
carpetmillusa.com

### Copeland Furniture Factory Outlet

156 Industrial Drive  
Bradford, VT 05033  
(802) 222-5300  
copelandfurniture.com/cope-land-furniture-factory-outlet

### COVER Store

158 South Main Street  
White River Jct, VT 05001  
(802) 296-7241  
coverhomerepair.org

### Gilberte Interiors, Inc.

10 Allen Street  
Hanover, NH 03755  
(802) 643-3727  
gilberteinteriors.com

### Frank Webb's Bath Center

55 Etna Road  
Lebanon, NH 03766  
(603) 448-9405  
frankwebb.com

### Khan Oriental Carpets

3 Lebanon Street  
Hanover, NH 03755  
(603) 643-4008  
loc8nearme.comnewhampshire/hanover/khan

### Simon Pearce

15 South Main Street  
Hanover, NH 03755  
(603) 643-0100  
simonpearce.com

### Upper Valley Stove Company

65 Riverside Drive  
Lebanon, NH 03766  
(603) 448-4300  
uppervalleystove.com

## HOSPITALS & CLINICS

### Alice Peck Day Memorial Hospital

10 Alice Peck Day Drive  
Lebanon, NH 03766  
(603) 448-3121  
alicepeckday.org

### Dartmouth Health

1 Medical Center Drive  
Lebanon, NH 03756  
(603) 650-5333  
dartmouth-hitchcock.org

### Good Neighbor Health Clinic

70 North Main Street  
White River Jct., VT 05001  
(802) 295-1868  
goodneighborhealthclinic.org

## HOTELS & INNS

### Best Western West Lebanon - Hanover Hotel

45 Airport Road  
West Lebanon, NH 03784  
(603) 298-8888  
bestwestern.com

### Dowds' Country Inn

9 Main Street  
Lyme, NH 03768  
(603) 795-4712  
dowdscountryinn.com

### Fireside Inn & Suites

25 Airport Road  
West Lebanon, NH 03784  
(603) 298-5900  
firesideinnwestlebanon.com

### The Hanover Inn

2 East Wheelock Street  
Hanover, NH 03755  
(603) 643-4300  
hanoverinn.com

### Hilton Garden Inn Hanover-Lebanon

35 Labombard Road  
Lebanon, NH 03766  
(603) 448-3300  
hilton.com

### Loch Lyme Lodge

70 Orford Road  
Lyme, NH 03768  
(603) 795-2141  
lochlymelodge.com

### The Lyme Inn

1 Market Street  
Lyme, NH 03768  
(603) 795-4824  
thelymeinn.com

### The Norwich Inn

325 Main Street  
Norwich, VT 05055  
(802) 649-1143  
norwichinn.com

### Omini Mount Washington Resort

310 Mount Washington Hotel Road  
Bretton Woods, NH 03575  
(603) 278-1000  
omnihotels.com/hotels/bretton-woods-mount-washington

### The Quechee Inn at Marshland Farm

1119 Quechee Main Street  
Quechee, VT 05059  
(802) 295-3133  
quecheeinn.com

### Residence Inn by Marriott

32 Centerra Parkway  
Lebanon, NH 03766  
(603) 643-4511  
marriott.com

### Savage Hart Farm

2514 Jericho Road  
White River Jct, VT 05001  
(802) 281-5850  
savagehartfarm.com

### Six South Street Hotel

6 South Street  
Hanover, NH 03755  
(603) 643-0600  
sixsouth.com



## HOTELS & INNS

### The Woodstocker B&B

61 River Street  
Woodstock, VT 05091  
(802) 457-3896  
thewoodstockerbnb.com

### Woodstock Inn & Resort

14 The Green  
Woodstock, VT 05091  
(802) 457-1100  
woodstockinn.com

## HVAC, PLUMBING & ELECTRICAL

### ARC Mechanical

PO Box 724  
Bradford, VT 05033  
(603) 443-6111  
arcmech.com

### Defiance Electric

86 Chosen Vale Lane  
Enfield, NH 03748  
(603) 632-4982  
defianceelectric.com

### J&B Plumbing and Heating

PO Box 537  
Etna, NH 03750  
(603) 643-5770

## INSURANCE

### A.B. Gile, a division of The Rowley Agency

377 North Main Street  
West Lebanon, NH 03784  
(603) 643-4540  
rowleyagency.com

### AAA Northern New England

267 Plainfield Road  
West Lebanon, NH 03784  
(603) 298-2600  
AAA.com

### Bickford Agency Inc. Allstate Insurance

One Glen Road Suite 11  
West Lebanon, NH 03784  
(603) 298-7971  
tinyurl.com/PeterBickford  
AllState

### Colby Insurance Group

63 Dartmouth College Hwy.  
Suite 1  
Lyme, NH 03768  
(603) 795-2151  
colby-group.com

### Comparion Insurance

225 Borthwick Avenue  
Portsmouth, NH 03801  
(603) 373-4363  
comparioninsurance.com

### Goss Logan Insurance

17 Mascoma Street  
Lebanon, NH 03766  
(603) 448-2556  
gosslogan.com

### Guaraldi Insurance, LLC.

21 Bank Street  
Lebanon, NH 03766  
(603) 448-3250  
guaraldi.com

### Kinney Pike Insurance

1011 North Main Sreet #4  
White River Jct., VT 05001  
(802) 281-3724  
KinneyPike.com

### The Insurance Center

107 Broad Street  
Claremont, NH 03743  
(603) 542-2551  
insurancecenterinc.com

### White Mountains Insurance Group, Ltd.

80 South Main Street  
Hanover, NH 03755  
(603) 640-2200  
whitemountains.com

## INTERIOR DESIGN

### Smoothyblues Online Interiors LLC

3675 RT 44  
Brownsville, VT 05037  
(802) 282-6600  
smoothybluesonlineinteriors.com

## JEWELRY

### Designer Gold

3 Lebanon Street  
Hanover, NH 03755  
(603) 643-3864  
designergoldjewelry.com

### Dutille's Jewelry Design Studio

55 North Park Street  
Lebanon, NH 03766  
(603) 448-4106  
dutilles.com

### Von Bargaen's Jewelry

35 South Main Street  
Hanover NH 03755  
(603) 653-0006  
vonbargensjewelry.com

## LANDSCAPING

### Joe's Equipment Service Inc

10 Interchange Drive  
West Lebanon, NH 03784  
(603) 298-5703  
joesequipment.com

## LOCKSMITH

### GateKeeper Lock & Safe LLC

103 Hanover Street Suite 1L  
Lebanon, NH 03766  
(603) 448-4376  
gatekeeperlocksafec.com

## MANUFACTURING & PRODUCTION

### CR Control Systems

85 Mechanic Street Ste. C1-S1  
Lebanon, NH 03766  
(603) 727-9149

### FUJIFILM Dimatix

109 Etna Road  
Lebanon, NH 03766  
(603) 443-5300  
dimatix.com

### Geokon, LLC

48 Spencer Street  
Lebanon, NH 03766  
(603) 448-1562  
geokon.com

### Hypertherm Associates

PO Box 5010  
Hanover, NH 03755  
(603) 643-3441  
hyperthermassociates.com

### KAD Models and Prototypes

PO Box 282  
East Randolph, VT 05041  
(802) 999-8975  
kadmodels.com

### Novo Nordisk US Bio Production, Inc.

9 Technology Drive  
West Lebanon, NH 03784  
(603) 298-3000  
novonordisk-us.com

### Nucor Harris Rebar Northeast, LLC

PO Box 553  
Canaan, NH 03741  
(603) 632-5222  
harrisrebar.com

## MEDICAL TECHNOLOGY

### Bio X Cell

39 Labombard Road  
Lebanon, NH 03766  
(866) 787-3444  
bxcell.com

### Cairn Surgical

16 Cavendish Court  
Lebanon, NH 03766  
cairnsurgical.com

### Celdara Medical

16 Cavendish Court  
Lebanon, NH 03766  
(617) 320-8521  
celdaramedical.com

### DoseOptics LLC

7 Hemlock Road  
Hanover, NH 03755  
(603) 643-5177  
doseoptics.com

### Edare

48 Lafayette Street  
Lebanon, NH 03766  
(603) 640-2483  
edareinc.com

## EMRLD

190 Hanover Street  
Lebanon, NH 03766  
(603) 252-6561  
EMRLD.health

## IDEA Lab

1 Medical Center Drive  
Lebanon, NH 03766  
(603) 650-5922  
dartmouthidea.org

## Lodestone Biomedical

10 Water Street Suite 265  
Lebanon, NH 03766  
(617) 686-5517  
lodestonebiomedical.com

## Reia

Lebanon, NH 03766  
(203) 274-2886  
reiahealth.com

## Simbex

10 Water Street #410  
Lebanon, NH 03766  
(603) 448-2367  
simbex.com

## MENTAL HEALTH CARE

### Upper Valley Services

267 Waits River Road  
Bradford, VT 05033  
(802) 222-9235  
uvs-vt.org

### West Central Behavioral Health

85 Mechanic Street Suite C2-1  
Lebanon, NH 03766  
(603) 448-0126  
wcbh.org

## MORTGAGE BANKING

### Legacy Mortgage, LLC

2 Buck Road Suite L  
Hanover, NH 03755  
(604) 643-7400  
LegacyMortgageLLC.com

## MOVING COMPANIES

### Daniels Moving Specialist

254 Dartmouth College Hwy.  
Lebanon, NH 03766  
(603) 448-1631  
movedaniels.com

### Mason Moving & Storage

38 Spencer Street  
Lebanon, NH 03766  
(603) 727-9213  
masonstoragenh.com

### MI-BOX of Central NH

PO Box 1067  
Londonderry, NH 03053  
(603) 369-4464  
getmibox.com

## MUSEUMS

### Hood Museum of Art at Dartmouth College

6 East Wheelock Street  
Hanover, NH 03755  
(603) 646-2808  
hoodmuseum.dartmouth.edu

### Montshire Museum of Science

1 Montshire Road  
Norwich, VT 05055  
(802) 649-2200  
montshire.org

### Saint-Gaudens

139 Saint Gaudens Road  
Cornish, NH 03745  
(603) 675-2175  
nps.gov/saga/index.htm

## OFFICE FURNITURE & SUPPLIES

### Office Environments

5 Green Tree Drive  
South Burlington, VT 05403  
(802) 864-3000  
oeivt.com

### Staples

Route 12A  
West Lebanon, NH 03784  
(603) 298-5260  
stores.staples.com

## OFFICE & RETAIL SPACE LEASING

### One Court Street Assoc.

1 Court Street Suite 300  
Lebanon, NH 03766  
(603) 448-5899

### River Mill Commercial Center

85 Mechanic Street Suite 140  
Lebanon, NH 03766  
(603) 448-0017  
ctrcapital.com

## OPTICAL SERVICES

### Dr. Sam's Eye Care

9 Dunning Street Suite 3  
Claremont, NH 03743  
(603) 543-2020  
drsamsyecare.com

### Eyeglass Outlet

24 Hanover Street  
Lebanon, NH 03766  
(603) 448-0030  
facebook.com/eyeglassoutlet

### Hanover Eyecare

45 Lyme Road Suite 201  
Hanover, NH 03755  
(603) 643-2140  
whiteriverfamilyeyecare.com

### White River Family Eyecare

587 Hartford Avenue  
White River Jct., VT 05001  
(802) 295-4887  
whiteriverfamilyeyecare.com

## PERFORMING ARTS

### City Center Ballet

22 Hanover Street  
Lebanon, NH 03766  
(603) 448-9710  
CityCenterBallet.org

### Hopkins Center for the Arts

4 East Wheelock Street  
Hanover, NH 03755  
(603) 646-2422  
hop.dartmouth.edu

### Lebanon Opera House

51 North Park Street  
Lebanon, NH 03766  
(603) 448-0400  
lebanonoperahouse.org

### New London Barn Playhouse

84 Main Street  
New London, NH 03257  
(603) 526-6710  
nlbarn.org

### North Country Community Theatre, Inc.

PO Box 462  
Lebanon, NH 03766  
(802) 779-1400  
ncct.org

### Opera North

20 W. Park Street, Lower Level  
Lebanon, NH 03766  
(603) 448-4141  
operanorth.org

### Revels North

P.O. Box 415  
Hanover, NH 03755  
(866) 556-3083  
revelsnorth.org

## PERSONAL SERVICES

### Kimberly Cones, Mary Kay Independent Beauty Consultant

42 Dogwood Circle  
West Lebanon, NH 03784  
(860) 371-4291

### Leto Advisors & Advocates LLC

Hanover, NH 03755  
(603) 678-1914  
letoadvisors.com

### Life Styled

PO Box 266  
Wilders, VT 05088  
(802) 299-6106  
LifeStyledVT.com

## PETS

### 4 Legs & a Tail

PO Box 841  
Lebanon, NH 03766  
(603) 727-9214  
4LegsAndATail.com

### K-g Kidz LLC

590 US Route 5  
North Hartland, VT 05052  
(802) 291-4021  
kgkidzdaycare.com

### West Lebanon Feed & Supply

12 Railroad Avenue  
West Lebanon, NH 03784  
(603) 298-8600  
wlfsonline.com

## PHOTOGRAPHERS, PHOTO FINISHING & FRAMING

### Gary Summerton Photography

8 Elm Street  
Sunapee, NH 03782  
(603) 558-1312  
garysummertonphotography.com

### Perry Smith Photography, LLC

654 Lockehaven Road  
Enfield, NH 03748  
(603) 781-7360  
perrysmithphotography.  
zenfolio.com

### Sepia Sisters

1 Waterman Avenue  
West Lebanon, NH 03784  
(603) 359-3570  
Sepiasisters.com

## POOLS & SPAS

### Allen Pools and Spas

227 Mechanic Street Suite A  
Lebanon, NH 03766  
(603) 410-5900  
allenpools-spas.com

## PRINTING & TYPESETTING

### Gnomon Copy

63 South Main Street Suite B04  
Hanover, NH 03755  
(614) 203-1715  
gnomoncopy.net

### R.C. Brayshaw & Co

PO Box 5465  
West Lebanon, NH 03784  
(603) 298-5057  
rcbrayshaw.com

### Sheridan NH

69 Lyme Road  
Hanover, NH 03755  
(603) 643-2220  
sheridan.com

## PROPERTY LEASING & MANAGEMENT

### 227 Mechanic St. Properties, LLC

227 Mechanic Street  
Lebanon, NH 03766  
(603) 448-9900

### Balagur Associates, LLC

20 West Park Street, Suite 1  
Lebanon, NH 03766  
(603) 448-1100  
balagurassociates.com

### BaySon Company

P.O.Box 929  
Hanover, NH 03755  
(603) 643-1992

### Lebanon Property Management

PO Box 734  
Lebanon, NH 03766  
(603) 448-3524  
lpmnh.com

### Lyme Properties

57 Main Street  
West Lebanon, NH 03784  
(603) 676-7800  
lymeproperties.com

### Nugget Arcade Building

53 South Main Street  
Hanover, NH 03755  
(802) 449-7032

### Summit on Juniper

401 Mount Support Road  
Lebanon, NH 03766  
(603) 727-4652  
summitonjuniper.com

## RECREATION FACILITIES

### Bear Ridge Speedway

Kidder Road  
Bradford, VT 05033  
(802) 222-4052  
bearridgespeedway.com

### Bretton Woods Canopy Tours

99 Ski Area Road  
Bretton Woods, NH 03575  
(603) 278-3320  
brettonwoods.com

### Bretton Woods Ski Area

99 Ski Area Road  
Bretton Woods, NH 03575  
(603) 278-8805  
brettonwoods.com

### Dartmouth Skiway

39 Grafton Turnpike Road  
Lyme, NH 03769  
(603) 795-2143  
skiway.dartmouth.edu

### Eastman Cross Country Center

6 Clubhouse Lane  
Grantham, NH 03753  
(603) 863-4500  
eastmanxc.org



**James W. Campion III Ice Rink**  
394 North Main Street  
West Lebanon, NH 03784  
(603) 643-2134  
campionrink.org

**Lebanon Outing Club**  
P.O. Box 295  
Lebanon, NH 03766  
(603) 448-4409  
skistorrhill.com

**Running Water Recreation Center**  
176 Waits River Road Unit 120  
Bradford, VT 05033  
(802) 449-3078  
rwrcenter.com

**Storrs Pond Recreation Area**  
59 Oak Hill Drive  
Hanover, NH 03755  
(603) 643-2134  
storrspond.org

**Whaleback Mountain**  
160 Whaleback Mountain Road  
Enfield, NH 03748  
(603) 448-5500  
whaleback.com

## RECREATIONAL VEHICLES

**Twin State Harley-Davidson**  
351 Miracle Mile  
Lebanon, NH 03766  
(603) 448-4664  
twinstatesharley.com

## REMEDIATION & RESTORATION SERVICES

**RestorEAZE**  
240 South Main Street Suite 6  
White River Jct, VT 05001  
(802) 526-2170  
restorEAZE.com

## RESIDENTIAL REAL ESTATE

**Berkshire Hathaway HomeServices - Verani Realty**  
5 Allen Street Suite 1  
Hanover, NH 03755  
(603) 434-2377  
verani.com

**Better Homes & Gardens Real Estate - The Masiello Group**  
3 Lebanon Street Suite 6  
Hanover, NH 03755  
(603) 653-8490  
masiello.com/hanover-nh

**Big Green Real Estate**  
5 Olde Nugget Alley Suite 5  
Hanover, NH 03755  
(603) 381-8603  
biggreenrealestate.com

**Black House Real Estate**  
27 Bank Street  
Lebanon, NH 03766  
(802) 369-9050  
blackhouwere.com

**Coldwell Banker Lifestyles**  
8 West Wheelock Street  
Hanover, NH 03755  
(603) 643-6406  
theclublife.com

**Execusuite, LLC.**  
77 Bank Street  
Lebanon, NH 03766  
(603) 727-9024  
ledgeworks.com

**Four Seasons Sotheby's International Realty**  
17 1/2 Lebanon Street  
Hanover, NH 03755  
(603) 643-6070  
fourseasonssir.com

**GPA Management LLC**  
505 Fairbanks Turn #80  
Quechee, VT 05059  
(631) 408-8766  
gpa.la

**The Greens at Hanover**  
53 Lyme Road  
Hanover, NH 03755  
(603) 643-5512  
thegreensathanover.net

**Jill A. Harlow Realtor Coldwell Banker Lifestyles**  
8 West Wheelock Street  
Hanover, NH 03755  
(802) 356-3056  
theclublife.com/realestate/agent/jill-harlow/

**Labombard Peterson Realty Group**  
2 South Park Street #4  
Lebanon, NH 03766  
(603) 448-0600  
labombardpeterson.com

**LindeMac Real Estate**  
44 South Main Street  
Hanover, NH 03755  
(603) 643-4900  
lindemac.com

**Martha Diebold Real Estate**  
Allen Street  
Hanover, NH 03755  
(603) 643-4200  
marthadiebold.com

**RE/MAX Group One REALTORS**  
306 Main Street  
Norwich, VT 05055  
(802) 649-1333  
grouponere.com

**Rock Ridge**  
130 Old Pine Tree Cemetery Rd.  
Lebanon, NH 03784  
(603) 790-8449  
rrleb.com

**Roger Clarkson REALTORS**  
38 South Main Street Suite 1  
Hanover, NH 03755  
(603) 643-6004  
rogerclarkson.com

**Snyder Donegan Real Estate Group**  
35 South Main Street  
Hanover, NH 03755  
(603) 643-0599  
snyderdonegan.com

**Vanessa Stone Real Estate, LLC**  
468 US Route 4 Unit 7  
Enfield, NH 03748  
(603) 632-5757  
vanessastonere.com

## RESTAURANTS

**110 Grill**  
250 North Plainfield Road  
West Lebanon, NH 03784  
(603) 790-8228  
110grill.com

**Blue Sky Restaurant Group**  
P.O. Box 665  
Hanover, NH 03755  
(603) 643-4111 x13  
blueskyrestaurants.com

**Boloco**  
35 South Main Street  
Hanover, NH 03755  
(603) 643-0202  
boloco.com

**Bright Side Brewing**  
5 Airpark Road Suite 5  
West Lebanon, NH 03784  
(603) 790-8373  
bsbnh.com

**Domino's Pizza**  
73 South Main Street  
Hanover, NH 03755  
(603) 643-3344  
dominos.com

**Domino's Pizza**  
87 Main Street  
West Lebanon, NH 03784  
(603) 298-5222  
dominos.com

**Dunks Sports Grill**  
7 Lebanon Street Suite #103  
Hanover, NH 03755  
(603) 277-9102  
dunkssportsg grill.com

**Jake's Coffee Company**  
227 Mechanic Street  
Lebanon, NH 03766  
(603) 442-9522  
jakesmarket.com

**Jasper Murdock's Alehouse at the Norwich Inn**  
325 Main Street  
Norwich, VT 03055  
(802) 649-1143  
norwichinn.com/brewery

**Jesse's Steakhouse**  
7 Blue Sky Drive  
Hanover, NH 03755  
(603) 643-4111  
jesses.com

**Jewel of India Restaurant**  
11 Lebanon Street  
Hanover, NH 03755  
(603) 643-2217  
jewelofindiahanover.com

**Lou's Restaurant & Bakery**  
30 South Main Street  
Hanover, NH 03755  
(603) 643-3321  
lousrestaurant.com

**McDonald's Restaurant**  
249 North Plainfield Road  
West Lebanon, NH 03784  
(603) 732-0864  
mcdonalds.com

**Molly's Restaurant & Bar**  
43 South Main Street  
Hanover, NH 03755  
(603) 643-2570  
mollysrestaurant.com

**PINE Restaurant**  
2 East Wheelock Street  
Hanover, NH 03755  
(603) 646-8000  
pineathanoverinn.com

**Prince and the Pauper Restaurant**  
24 Elm Street  
Woodstock, VT 05091  
(802) 457-1818  
princeandpauper.com

**Ramunto's Brick & Brew Pizzeria**  
9 South Street  
Hanover, NH 03755  
(603) 643-9500  
ramuntospizza.com

**Salt Hill Pub**  
2 West Park Street  
Lebanon, NH 03766  
(603) 676-7855  
salthillpub.com

**SNAX**  
18 Centerra Parkway  
Lebanon, NH 03766  
(603) 448-1052  
snaxrestaurant.com

**The Baited Hook**  
83 US Route 4A  
Lebanon, NH 03766  
(603) 632-1113  
baitedhook.fish

## RESTAURANTS

### The Nest

57 South Main Street Suite 101  
Hanover, NH 03755  
(603) 277-2916  
thenestkitchen.com

### The Works Café

One Medical Center Drive  
(Located within DHMC)  
Lebanon, NH 03756  
(603) 653-0066  
workscafe.com

### Three Tomatoes Trattoria

One Court Street  
Lebanon, NH 03766  
(603) 448-1711  
threetomatoestrattoria.com

## RESTAURANTS & SPECIALTY DINING

### Katie's Cookies

2 West Park Street #104  
Lebanon, NH 03766  
(603) 727-4324  
facebook.com/KatiesCookies  
NH

### King Arthur Baking Company

135 US Route 5 South  
Norwich, VT 05055  
(802) 649-3361  
kingarthurbaking.com

### My Brigadeiro

33 South Main Street  
Hanover NH 03755  
(603) 277-2187  
mybrigadeiro.com

## SENIOR SERVICES

### AARP-NH

45 South Main Street Ste. 202  
Concord, NH 03301  
(866) 542-8168  
aarp.org/nh

### Bugbee Senior Center

262 North Main Street  
White River Jct., VT 05001  
(802) 295-9068  
bugbeecenter.org

### Grafton County Senior Citizens Council

10 Campbell Street  
Lebanon, NH 03766  
(603) 448-4897  
gcsc.org

### The Scotland House Adult Day Health & Wellness

8828 Woodstock Road  
White River Jct., VT 05001  
(802) 280-6080  
scotlandhousevt.org

## SHOPPING CENTERS

### Colonial Plaza Realty Trust

PO Box 267  
Newport, NH 03773  
(603) 863-1050

## SOLAR TECHNOLOGIES

### Solaflect Energy

326 Main Street Suite 4  
Norwich, VT 05055  
(802) 649-3700  
solaflect.com

## SPECIALTY FOOD

### Red Kite Candy

5 South Street  
Hanover, NH 03755  
(603) 277-9522  
redkitecandy.com

### William Winand Chocolatier

60 Andrews Lane  
Meriden, NH 03770  
(802) 291-1106  
williamwinandchocolatier.com

## SPORTING GOODS

### Omer & Bobs

20 Hanover Street  
Lebanon, NH 03766  
(603) 448-3522  
omerandbobs.com

### Red Clover Bikes

446 US-5 N  
Fairlee, VT 05045  
(802) 222-4748  
redcloverbikes.com

### Stateline Sports

22 Bridge Street  
West Lebanon, NH 03784  
(603) 298-8090  
statelinesports.com

## STORAGE

### AllServe Self Storage

56 Kacey Drive  
Wilder, VT 05088  
(802) 296-7867  
allserveselfstorage.com

## TELECOMMUNICATIONS

### BeMobile Verizon

63 South Main Street  
Hanover, NH 03755  
(603) 262-1806  
bemobile.com

### Consolidated Communications

770 Elm Street  
Manchester, NH 03101  
(866) 984-2001  
consolidated.com

## TITLE SERVICES

### Lighthouse Title & Closing Services, LLC

764 Chestnut Street  
Manchester, NH 03104  
(603) 677-7420  
LighthouseClosings.com

## TRANSPORTATION

### Advance Transit

P.O. Box 1027  
Wilder, VT 05088  
(802) 295-1824  
advancetransit.com

### Cape Air

660 Barnstable Road  
Hyannis, MA 02601  
(800) 227-3247  
capeair.com

### Dartmouth Coach

13 Labombard Road  
Lebanon, NH 03766  
(603) 448-2800  
dartmouthcoach.com

### Granite Air Center

58 Airport Road  
West Lebanon, NH 03784  
(603) 298-6555  
graniteair.com

## TRAVEL AGENCIES

### Milne Travel

24 Airport Road  
The Trade Center  
West Lebanon, NH 03784  
(603) 298-5997  
milnetravel.com

## UTILITIES

### Liberty Utilities

15 Burick Road  
Londonderry, NH 03053  
(800) 375-7413  
libertyutilities.com

### New Hampshire Electric Cooperative

579 Tenney Mountain Hwy.  
Plymouth, NH 03264  
(800) 698-2007  
nhec.com

## WASTE REMOVAL

### Casella Waste Systems

1544 Woodstock Road  
White River Jct., VT 05001  
(802) 295-2660  
casella.com

### Zero Waste and Recycling Services, Inc

330 River Road  
Bow, NH 03304  
(603) 234-1012  
zerowastenh.com

## WHOLESALE

### Britton Lumber Company

7 Ely Road  
Fairlee, VT 05045  
(802) 333-4388  
brittonlumber.com



Created and produced by  
Upper Valley Business Alliance  
377 North Main Street  
West Lebanon, NH 03784  
(603) 448-1203 [uppervalleybusinessalliance.com](http://uppervalleybusinessalliance.com)

Every effort has been made to ensure the accuracy of the information in this publication. Upper Valley Business Alliance assumes no responsibility for misinformation. Please contact UVBA with any additions or corrections. Reproduction in whole or in part without permission of UVBA is prohibited.



# Mascoma Bank is different by design.

As a Certified B Corporation<sup>®</sup>, Mascoma Bank is committed to serving our customers, employees, and communities.

We invite you to discover the difference banking with us can make.



888.627.2662 ■ [mascomabank.com](https://www.mascomabank.com)





**Learn More About Dartmouth College**

[dartmouth.edu](http://dartmouth.edu)